



Connaught Heights Elementary



Weekly Newsletter – March 6, 2026

Important Dates

Mar. 11	PAC Meeting
Mar. 8	International Women's Day
Mar. 12	Term 2 Report Card Published Papa John's Pizza Fun Lunch
Mar. 13	Spirit Day – Spring Colours & Sunglasses
Mar. 16 - 27	Spring Break (School Closed)
Mar. 16 - 22	Neurodiversity Celebration Week
Mar. 20	Nowruz (Iranian/Persian New Year)
Mar. 30	School Re-Opens
Apr. 3	Good Friday Holiday (School Closed)
Apr. 6	Easter Monday Holiday (School Closed)

Attendance

If your child will be absent or late, please let the office know. You can report an absence the following ways:

[Use the Report an Absence form](#)

Phone: 604-517-6010 (*voicemail available 24/7*)

Email: connaughtheights@sd40.bc.ca

Principal's Message:

Dear Connaught families,

I wanted to take the opportunity to talk about a very important topic that impacts the social and emotional well-being for all members of our school community. It has been brought to our attention recently that some students are using hurtful and harmful language, without necessarily knowing or understanding the deep impact on others.

Like all schools, we are committed to creating a respectful, inclusive environment where every student feels safe, valued, and able to learn. One important part of the work we do is helping students understand racist or discriminatory language, including what it is, why it can be harmful, and how our words affect others.

We know that children hear language everywhere: in conversations, online, and even on the playground. They may repeat words or phrases without fully understanding their meaning or the history behind them. By talking openly about racist or discriminatory language in age-appropriate ways, we can all help students build awareness, empathy, and respect for people from all backgrounds. Moreover, it ensures that children are receiving consistent messages that help them grow into thoughtful and caring members of their communities and well beyond.

Below are two links you may find helpful:

[Talking to Kids About Racism, by a Clinical Psychologist.](#)

[Anti-racism - Province of British Columbia.](#)

As always, we truly appreciate and value the connections and relationships we have with our school community, and I would encourage and invite you to share your thoughts or perspectives with me so that we can continue to strengthen the integrity of our community and to nurture the well-being and social responsibility for our young and impressionable learners.

With gratitude, Mr. Elves

Report Cards

Term 2 Report Cards will be published on the MyEd portal on **Thursday March 12th** by 4:00pm.

To access the MyEd portal [click here](#).

[Click here for instructions](#) on how to login and navigate the MyEd portal.

If you need further assistance, please email us at connaughtheights@sd40.bc.ca



Spirit Day



Spring Colours & Sunglasses

Spirit Day

Friday, March 13

We're celebrating the upcoming spring season by inviting all students to wear their spring colours and sunglasses.

Let's bring sunshine, colour, and lots of cheerful vibes to the day as we welcome the start of Spring Break together!

Ready, Set, Learn

The Ready, Set, Learn *Pop-Up Play* events are designed for children who will be entering Kindergarten in September 2026 to explore, play, and feel at home in the school environment.

Connaught Heights event

**April 7, 2026
from 4 to 5 pm**

Click the image for more information.

It only pops up for a day, so don't miss out on the play!

Elementary School	Address	Pop-up Play Event
Connaught Heights	2201 London Street, F.W. Howay	April 7, 2026 from 4 to 5 pm April 8, 2026 from 4 to 5 pm
Herbert Spencer	605 Second Street	April 14, 2026 from 4 to 5 pm
Qayqay	85 Merivale Street	April 15, 2026 from 4 to 5 pm
Lord Kelvin	1010 Hamilton Street	April 20, 2026 from 4 to 5 pm
Lord Tweedsmuir	1714 Eight Avenue	April 22, 2026 from 4 to 5 pm
Queen Elizabeth	921 Salter Street	April 29, 2026 from 4 to 5 pm
Siwo: wech	333 Richmond Street	April 30, 2026 from 4 to 5 pm

Intentions for 2026-2027

Thank you to the families that have already let us know their intentions for the 2026-2027 school year. If you have not already done so, and are moving, or your child will not be attending Connaught Heights next year, please let the office know as soon as possible. - connaughtheights@sd40.bc.ca

It is important for us to have a clear understanding of which children will be returning to Connaught Heights Elementary in September, and which children are moving on to different schools.

PAC News

PAC Meeting – Wednesday, March 11th at 6:30pm

All parents and guardians are members of the PAC. We encourage you to attend the monthly meetings where you can learn more about what happens at the school with an update from Mr. Elves and information from the executive about PAC funded school activities and upcoming PAC events and fundraisers. Please join us for our next meeting online here: <https://meet.google.com/izw-kmqz-yyq?hs=224>

Movie Night

Thank you to everyone that attended movie night and thank you to the parents that volunteered to help make the event happen! We hope you all had a wonderful time and enjoyed Paddington!

Fun Lunch

The next fun lunch is Papa John's pizza on March 12th. **Watch your email** for a School Cash Online email on **March 16th** (open until March 25th) for Kamini's Corner on April 10th.

Thank you to all the parents that help with Fun Lunch distribution! Please consider lending a hand - it's a great way to meet other parents and get involved! Here is a photo of some of our parent volunteers from our last fun lunch.



Return-It

Did you know that the PAC has an account at **Return-It**? We raised over \$900 last year! Drop off your pop cans and other beverage containers in the white bin in the courtyard at the school (just inside the gate when entering from London Street) and the deposits collected will go straight to the PAC.

Stay Connected

Follow us on Instagram: @connaughtheightspac

Join the [PAC WhatsApp Group](#) for general updates and reminders.

Join the [PAC Volunteer WhatsApp Community](#) to get involved with events and fundraising.

Email us at chpacchair@gmail.com or chpacvchair@gmail.com

After-School Programs at Connaught

STEM Builders (Grades 2 - 5)

Explore the basics of STEM through fun, hands-on engineering activities. Students will work on simple projects using components like circuits and LEDs while also building friendships in an interactive learning environment.

Connaught Heights - Library

Thursdays, 3:00 – 4:00pm

Date: May 14 - Jun 18

Registration Fee: \$107

To register, please visit the link below:

[Kids Innovative Registration](#)

Sports of all Sorts (Grades 1 - 3)

Grab your friends for an afternoon of fun playing sports...of all sorts! Sports being played include soccer, basketball, fun relays and more. Each week you will learn new skills and play games. Wear running shoes and bring a water bottle. Suitable for all skill levels.

Connaught Heights - Gym

Wednesdays, 3:00 - 4:15pm

Date: Apr 29 - Jun 3

Registration Fee: \$58.80

To register, please visit the link below:

[Sports of all Sorts Connaught Heights](#)

School District News

Social Media Awareness, Digital Citizenship, and Cyberbullying – virtual session for

Parents/Caregivers of school-aged children.

April 14, 2026 – 6:30-8:30pm

[Click here](#) for more information and to register.

Remote Session via **Zoom** (link will be shared 2 days prior)

**SOCIAL MEDIA AWARENESS,
DIGITAL CITIZENSHIP, AND
CYBERBULLYING**

FOR PARENTS/CAREGIVERS OF SCHOOL-AGED STUDENTS

SST SAFE SCHOOLS TOGETHER

HOSTED BY **NEW WESTMINSTER SCHOOLS**

LEARN MORE ABOUT:

The Kelty Foundation

Free Virtual Workshop: *Beyond Behaviour: Kind Minds for Parents and Caregivers of Sensitive, Anxious and Neurodivergent Children*

The Kelty Foundation is excited to offer three virtual workshop dates:

- **Who:** All caregivers and educators who participated or are registered in Kind Mind Month during the 2025-26 school year.
- **What:** A new workshop designed to share practical ways to support sensitive, anxious and neurodivergent (ASD, ADHD, PDA) children at home and in learning environments.
- **Learn more and Register here:** <https://www.thekeltyfoundation.org/beyond-behaviour>
- **Questions?** The team at **The Kelty Foundation** is here to help! Please email contact@thekeltyfoundation.org.

Free Virtual Workshop: *Navigating Big Emotions: Kind Minds for Parents and Caregivers*

Did you miss the *Navigating Big Emotions: Kind Minds for Parents and Caregivers* workshop during Kind Mind Month, or would you like to join a second time? The Kelty Foundation is excited to offer four additional virtual workshop dates:

- **Who:** All caregivers and educators who participated in Kind Mind Month during the 2025-26 school year.
- **What:** The same engaging workshop offered during Kind Mind Month in a virtual format led by Sheldon Franken.
- **Register here:** <https://www.zeffy.com/en-CA/ticketing/navigating-big-emotions-kind-minds-for-parents-and-caregivers-workshop>
- **Questions?** The team at **The Kelty Foundation** is here to help! Please email contact@thekeltyfoundation.org.