



# FRASER RIVER MIDDLE SCHOOL

## 604-517-1800

Fraser River Middle School recognizes and acknowledges the Qayqayt First nations, as well as all Cost Salish peoples, on whose traditional and unceded territories we live, we learn, we play and we do our work.

### Important Dates

- April 17 Non Instructional Day—School Closed to students
- April 18... Good Friday - School Closed
- April 21 Easter Monday—School Closed
- May 5.... PAC Meeting in person or via Zoom (7 pm)  
..... Meeting ID 849 0959 9653 Passcode 507 656
- May 13 .. Grade 6 Immunizations
- May 16 .. Non Instructional Day—School Closed to students
- May 19 .. Victoria Day - No School
- May 21 .. Grade 6 Immunizations
- May 23 .. Anything but a Backpack Day

## CYBERSAFE FROM EXPLOITATION

### PARENT AND CAREGIVER PRESENTATION

#### What you'll learn:

Our approach to cybersafety is to address the root causes and provide tangible solutions to break down the vulnerabilities that could lead children and youth into online sexual exploitation. Some topics covered include:

- Defining sexual exploitation and why online poses more risk
- Current online exploitation trends
- Effective language to use when talking to kids/ teens
- The red flags and warning signs of grooming
- Sexting, digital consent, and the law
- Digital blackmail into sextortion, trends, and what to do
- Information sharing- What is and is not okay
- High risk behaviours on social media platforms
- Addressing risks associated with online gaming platforms
- Age of consent laws and how they can help you as a parent
- How to have effective conversations with your child/ teen

Wednesday, April 30th 6:30 PM - 8:00 PM

To register, please visit:

<https://us02web.zoom.us/meeting/register/CPQ2xWLaSVKL-UCHpEFPyQ>

After registering, you will receive a confirmation email about joining the meeting.

Event sponsored by New Westminster DPAC.



## Pro-D Drop in at the Youth Center

The Youth Center will be open from 1:00pm to 9:00pm on Thursday April 17  
Drop-in is \$1.00 or use your [New West Youth Membership Pass](#)

As we welcome the sunny days of May, we're excited to continue our mission of promoting healthy eating habits through the Fuel Up! Lunch program. Our goal is to ensure students are well-nourished and ready to thrive in their school day.

Take a moment to browse our [May Menu](#) and place your orders for the month at [order.lunchlady.ca](http://order.lunchlady.ca)

As field trip season approaches, please note that we have discontinued the field trip lunch option for Fuel Up!. Monitor your student's school calendar and pack a lunch on field trip days instead of placing Fuel Up! orders. If you order on a field trip day, your order will be automatically cancelled, and you will receive an email reminder to pack a lunch.

Your cooperation is appreciated.

Lost and Found—Please come to the office, to claim these items if they are yours.

