

FRMS PAC Fun Lunches are Here!

The FRMS PAC parent volunteers are excited to introduce Fun Lunches - a student favorite on select dates this fall!

What are Fun Lunches?

Hot and cold lunches from local New Westminster restaurants available for purchase, with proceeds supporting Fraser River Middle School PAC initiatives.

2026 Fall Fun Lunch Schedule:

- Wednesday, Nov 25 - Pizza (order by Friday Nov 20, 11:59pm)
- Tuesday, Dec 15 - Pizza (order by Thursday Dec 10, 11:59pm)

Hot tip: *Place all your orders at once so you don't miss a deadline!*

Here's how to Create Your Account on Munchalunch:

Step 1: Visit https://munchalunch.com/fraser-river-middle and it will take you to the Registration page.
Step 2: Click on **"Register your family"**
Step 3: Select how you'd like to register an account. The options are creating with either your **Google, Microsoft, Apple account** or **register with your email address.**
Step 4: Follow the prompts
Step 5: Select your **"Email Preferences"**
Step 6: Click **"Continue"** and it will take you to your account's home page.

The next step is adding your child's information to your Munchalunch account. This step typically only needs to be completed once at the beginning of the school year.

For returning families: Your account will carry over from the previous school year and their grade and class assignment needs to be updated.

For new families: A new Munchalunch account will need to be created with your child's information.

How to Add Your Child's Profile on Munchalunch:

Step 1: In the left-hand navigation menu, under "Account"
Step 2: Select "My Children"
Step 3: Then, click on "Add Child" or "Add your first child"



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Step 4: A pop-up screen will appear.
Step 5: Enter your child's First Name and Last Name
Step 6: Select their "Grade"
Step 7: Select their "Class/Division"
Step 8: Once that's done, click "Add child"
(If you have more than one child attending the school, please repeat Steps 3-8)

How To Place An Order:

When a fundraising menu is available to place an order…
Step 1: Click "Order" on the left side menu and it will take you to the ordering page.
Step 2: Select your menu items for each of the menus.
Step 3: Click "Cart" on the left menu and it will take you to your cart where you can check out.
Step 4: Payment: online via credit card.

Please Note:
***If there are items in your cart, this means that payment has not been completed and your child will not receive any of these items until the checkout process and payment has been completed.

All orders are final once ordering closes, and refunds cannot be issued.

If your child is absent on a FunLunch day, please email us by 11:30am to arrange pickup. Your child's lunch may be picked up between 12:00 PM and 1:00 PM.

For food safety reasons, we are unable to hold lunches beyond the scheduled pickup window. Any lunches not collected by 1:00 PM will be considered a donation.

If you need help or have any questions, please email adm.frms.pac@gmail.com

Visit https://munchalunch.com/fraser-river-middle to place your order today!



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Fun Lunches are exactly that! Hot (and cold) lunches from local New Westminster restaurants available for purchase, with proceeds supporting Fraser River Middle School PAC.

These funds will help support PAC initiatives, including building our school's international library, resource supplies, school-wide presentations, fun community events and more.

The FRMS PAC is partnering with a third-party Canadian online platform called **Munchalunch** to help manage our Fun Lunch orders.

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The next step is adding your child's information to your Munchalunch account to help ensure that their lunch is delivered to the correct classroom. This step typically only needs to be completed once at the beginning of the school year.

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2026 Fall Fun Lunch Schedule

- **Wednesday, Nov 25** – Fresh Slice Pizza *(order by Friday, Nov 20, 11:59 pm)*
- **BONUS event Thurs, Oct 29**, open to everyone - Halloween Spooktacular *(order by Friday, Oct 23, 11:59 pm)*

Important Reminders

- Sorry, no refunds.
- Please send cutlery when needed—none will be provided.

Get Involved

Fun Lunches are only possible with the support of parent volunteers who will pick up, sort, and deliver the meals. Want to jump in, make new friends, and help create smiles at school? Email adm.frms.pac@gmail.com to join our FunLunch Volunteer group and get involved today!

Fall Orders open now. Order today!
https://munchalunch.com/fraser-river-middle

Fun Lunches are Here!

PAC parent volunteers are excited to introduce Fun Lunches—a student favorite on select dates this fall!
Fun Lunches are exactly that! Hot (and cold) lunches from local New Westminster restaurants available for purchase, with proceeds supporting Fraser River Middle School PAC. ~~These funds help cover things like bus rentals, field trips, guest performers, sports equipment, classroom supplies, furniture, and more.~~ These funds will help support PAC initiatives, including the international library, staff stipends, school-wide presentations, fun community events and more.

~~Ordering will be administered through Munchalunch. A program many of our parents will be familiar with. Over the summer, the Munchalunch website has had a complete makeover and therefore navigation of the site is a little different than before for returning parents.~~ The FRMS PAC is partnering with a third-party Canadian online platform called **Munchalunch** to help manage our fun lunch orders.

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How to place your child in the right grade and class:

● Click on "My Children" on the left side menu.
● Click on the pencil next to your child's name.
● Under "Grade", select the correct grade for your child (note: if your child is in a split class, still select the actual grade that your child is in).
● Under "Class/Division", select the correct class for your child (you can verify with the teacher name and division number which is included in the description).

Please ensure you give yourself some extra time to navigate the site and or signup for an account.

Order online now: https://munchalunch.com/fraser-river-middle

Fall Housekeeping

In order to ensure that your child's lunch gets to your child, you must place your child in their correct school, grade and division. This is a step that generally only happens once at the beginning of the year but will need to be redone if your child changes classes part way through the year.

How to place your child in the right school. This step is not necessary for students returning to the same school because it will carry over from last year but is important for all Grade 6 students and any other students new to Fraser River Middle School or Munchalunch.

● Once you log into Munchalunch you will find a menu on the left side. Click on "My Schools", this will take you to the page where you can add in new schools for your child. Click on "Add another school", select "New Westminster" from the first drop down menu and then click "add" next to "Fraser River Middle School".

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● BONUS event Oct 29, open to everyone - Halloween Spooktacular (order by Friday, Oct 23, 11:59 pm)

Orders close at 11:59 pm.

Order on Munchalunch

Important Reminders

● If your child is away, you may pick up their lunch—call the office before 10 am to arrange for it to be set aside. Pick-up window: 12–1 pm. (Food cannot be kept past 1 pm)
● Sorry, no refunds.
● Please send cutlery when needed—none will be provided.

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