

QMS Weekly Newsletter



January 23, 2026

QMS Tsunami

Queensborough Middle School

Important Dates

January 26	Grade 6/7 Space presentation in MPR
January 26	Grade 8 Boys Basketball game at Byrne Creek
January 27	Collaboration Day: Early dismissal at 11:55 a.m.
January 28	QMS Band Concert at 6:30 p.m. in Gym
January 30	QMS Winter Olympics
February 3	Field Trip (Div.12/14): Gymnastics at Queens Park Sportsplex
February 5	Earthquake Drill
February 11	Student-led parent-teacher conferences Early dismissal at 11:55 a.m.
February 12	Lockdown, Shelter in Place, Hold & Secure drills
February 12	Student-led parent-teacher conferences Early dismissal at 11:55 a.m.
February 13	Field Trip (Div. 5/6): Ice skating at Moody Arena
February 13	Jump Rope For Heart activities in PHE classes
February 16	Family Day: School closed
February 17	District Professional Development Day Students do not attend
February 18	QMS PAC Meeting at 7p.m. (MS Teams)

Grade 8 Course Selection:

Over the next few weeks, Grade 8 students will begin their course selection for their Grade 9 classes at NWSS. During the first week of February, NWSS staff will be visiting QMS to share information with Grade 8 classes. In the Order December in advance of delivery. In the meantime, students and parents can check out more information using the link below:

<https://newwestschools.ca/nwss/students/course-selection/>

Principal's Message:

It was another eventful week here at QMS. On Monday, Grade 7 and 8 classes participated in an informative presentation (c/o Get Real Movement) where the focus was on anti-black racism. Students were engaged and reflective as they shared their questions and thoughts about how they/we can all contribute to a kinder and more equitable society, free of discrimination. Thank you to our students and teachers for participating in such an important conversation. On Wednesday, our Grade 5 classes participated in a presentation by Victoria Woelders (c/o ARC-BC) on how to access and use digital books.

Meanwhile, this past week students wrapped up their third exploratory rotation, as we near the mid-point of the term. This upcoming Thursday, Grade 6-8 students will be placed into new exploratory classes as they begin their fourth rotation of the school year. We also had a few classes on field trips this week. On Tuesday, Div. 12 & 14 enjoyed a fun morning of gymnastics at the Queens Park Sportsplex, while Div. 1 & 2 attended the NWSS musical theatre performance of *Thirteen* on Thursday afternoon. Finally, the week ended as our QMS Choir participated in a fun musical workshop with the NWSS Choir!

In sports, over the last few weeks our Grade 7 basketball teams have been practicing in preparation for their upcoming games (vs. other middle schools). We also had a great turnout for our Grade 5 ball hockey team, as QMS is putting a team together to compete in an upcoming tournament in March - stay tuned for more details. As for our Grade 8 boys basketball team, the boys played two home games this past week. On Monday, the boys won their home game vs Cariboo Hill but came up short in their match vs Burnaby South (Thursday). Thank you to those that came out to cheer on the team this past week.

Thank you to our QMS PAC for their successful A&W fundraiser on Wednesday, and thanks to those who attended our PAC meeting as well!

Enjoy your weekend!

John Lekakis
QMS Principal



Upcoming Events and Reminders:

QMS PAC Meeting Dates:

February 18 April 15
May 20



QMS Student Learning Survey: Now Open! Grade 7 Parents/Guardians

While Grade 7 students will be completing the survey, we would like to invite parents/guardians to share their input by completing the survey using the link below:

<https://www.awinfosys.com/SurveyFull1/central/main/>

Breakfast Program: VOLUNTEERS NEEDED!

Students can enjoy a delicious and nutritious breakfast in the Foods Room every Wednesday & Friday morning (between 8:00-8:30 am) for only 50 cents.



If you would like to volunteer (one hour commitment) please email PAC Chair Don Doyle at qmspac2013@gmail.com

Thank you to our community volunteers for providing this wonderful program to our students!



QMS Learning Goal for 2025.2026

For the upcoming school year, our staff is engaging in professional learning in the areas of numeracy and literacy. For the last three years our school goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. Stay tuned for more updates on our school learning plan.



Leaving School at Lunchtime

We have a closed campus at QMS.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.

Students may go home for lunch **only** if they have a permission form signed by their parent or guardian.

This form must be completed each year and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.



Student Planners:

The planner is a powerful organizational tool for students and an important means of communication between parents and teachers.



Students are expected to write homework assignments in their planners each day, and we ask that parents sign the planner each evening.

The cost of the planner is \$10 and can be purchased through School Cash Online.

Fuel Up Lunch Program:

Order February lunches at:

<https://newwestschools.ca/programs-services/fuel-up/online-ordering/>

Orders and changes must be made by noon, two days in



Reporting Student Absences:

Call or email Queensborough Middle School at:

604-517-6040

Email: queensborough@sd40.bc.ca

Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school anytime of the day or night.

Please cut this out and put it on your fridge!

School Routines and Expectations:

School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

QMS Values:

At Queensborough Middle School we value:

- ♦ respect for ourselves and others
- ♦ respect for learning
- ♦ respect for the environment

MISSION



VISION



VALUES



QMS Vision:

- ♦ Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.
- ♦ Our students are preparing to be contributing members of the global community through the development of life-long learning skills.
- ♦ Our local community is important to us and we are working together to share resources and develop appreciation of our heritage and history.

Reminders About the School Timetable:

- The first bell rings at **8:31 a.m.** Students may enter the school at **8:25 a.m.** (There is no supervision from staff members before or after school.)
- Nutrition Break is from **10:25 to 10:40 a.m.** (Students are encouraged to bring healthy snacks **and** dress for the weather as we are outside most days.)
- Lunch is at **11:55 to 12:45 p.m.** Students play outside first and come inside to eat their lunch at **12:25 p.m.**
- Students are encouraged to bring a water bottle to school.
- Students are dismissed at **3:00 p.m.**

Bell Schedule

8:31 a.m.	Welcoming Bell
8:36 a.m.	CHAT begins
8:40 a.m.	Morning classes begin
10:10 a.m.	Nutrition Break/recess
10:25 a.m.	Morning classes continue
11:55 a.m.	Lunch begins (outside)
12:25 p.m.	Students inside to eat
12:45 p.m.	Afternoon classes begin
3:00 p.m.	Dismissal

Bell Schedule

Youth Drop Info:

Attention all Grade 6, 7, & 8's!

Cost is \$1 or buy a Year Youth Membership for only \$21
 -Monday, Wednesday, and Friday Drop-In programs offer sports, crafts, games, baking, and much more!
 -On Tuesdays, swing by the Community Centre from 6-9 for Ping Pong, crafts, puzzles, and music.
 -Thursdays come chill at the Community Centre and listen to your favourite music, discover new artists, and travel back in time through tunes from 6 – 7:30pm.

For more info on the Drop-In program, visit:

www.newwestyouth.ca or email Val at:
vmckinnon@newwestcity.ca



School Routines and Expectations:

QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

The purpose of the QMS Code of Conduct and Code of Consequences:

- ◆ To establish and maintain a safe, caring and orderly environment for purposeful learning
- ◆ To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ◆ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

Acceptable Behaviour for QMS Students:

- ◆ Showing Respect, Compassion and Integrity
- ◆ Respecting self, others, the learning environment and the surrounding environment
- ◆ Helping to make the school a safe, caring and orderly place
- ◆ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- ◆ Engaging in purposeful learning activities in a timely manner
- ◆ Acting in a manner that brings credit to QMS
- ◆ The use of personal digital devices at school is to be restricted for educational purposes, to promote online safety and focused learning environments.



Unacceptable Conduct for QMS Students:

- ◆ Behaviours that:
 - Interfere with the learning of others
 - Interfere with an orderly environment
 - Create unsafe conditions
- ◆ Acts of:
 - Bullying, harassment or intimidation
 - Physical violence
 - Retribution against a person who has reported incidents
 - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ◆ Illegal acts, such as:
 - Possession, use or distribution of illegal or restricted substances
 - Possession or use of weapons
 - Theft of or damage to property

RESPECT & RESPONSIBILITY

The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather than merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

Safety First:

Safety to and from School:

Parents and Guardians:

Please take care when dropping off and picking up your children from school:

- ⇒ Drive slowly in the vicinity of the school and park
- ⇒ Watch for pedestrians
- ⇒ Don't stop in or block the crosswalks
- ⇒ Please park in legal, designated areas



Students:

Be Aware of Your Surroundings:

Pay attention when walking to and from school. Watch out for moving vehicles at driveways, back lanes and parking lots. If you are listening to music, remove an ear piece before crossing the street or walking in less populated areas.

Team Up:

It is safer and more fun to walk to school with family or friends. If something unusual happens on your way to or from school, report the incident immediately to an adult you know and trust.

Check the school website for our “Best Routes to School” brochure for maps and safety tips for walking and cycling to school, and the following link for Back to School Safety Tips:

<https://www.tranbc.ca/2015/09/01/prepare-to-be-schooled-bc-is-back-to-school/>

Personal electronic devices:

If students have an electronic device that they want to use for personal reasons on the way to and from school, they must lock it in their locker as soon as they arrive at school.



At times, teachers may permit students to bring devices into the classroom for educational purposes; otherwise they should be secured in their lockers. Emergency phone calls can be made at the office during the day.

Please note that any personal items brought to school are at the student's own risk - the school is not responsible for lost, stolen or damaged items.

In keeping with the new BC Ministry of Education's Ministerial Order M89 (and AP 104 District Code of Conduct), **"The use of personal digital devices at school is to be restricted for educational purposes, to promote online safety and focused learning environments."**

Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For your child's safety, please ensure that they are wearing an approved helmet. Thank you for helping to keep our children safe.

Scooters & skateboards can be stored in the blue cage located by near the counselling office.



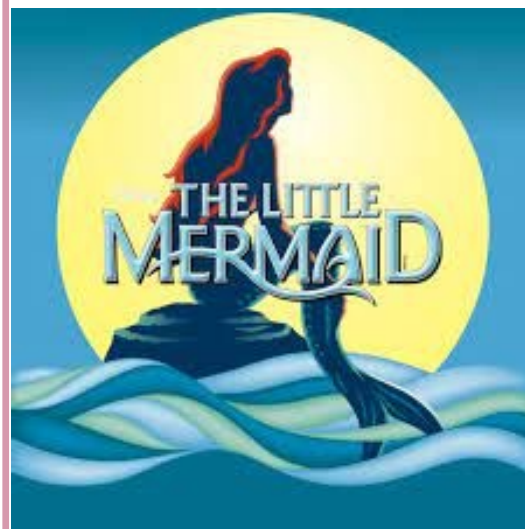
Visitors:

Please report to the office when visiting the school:

Please sign in at the office when entering the school. We need to be aware of all visitors to the school and identifying yourself with one our “visitor” badges is helpful to staff who may not know you.

QMS Winter Musical Production:

Thank you for all your support!!



NWSS Hockey Academy:

RPM HOCKEY  **COMPANY LTD.** EST. 1980
NEW WESTMINSTER HOCKEY ACADEMY
SEPTEMBER 2026 - JANUARY 2027

Offered in partnership with RPM Hockey Company,
New Westminster Secondary & School District 40



New Parent - Zoom Meeting

January 21 2026 at 7:00 pm
 Meeting ID: 857 4557 3841
 Passcode: 827952

CHARACTER • INTEGRITY • TRADITION

ABOUT THE ACADEMY



RPM & New Westminster Secondary have developed a Ministry Approved program that provides students with the opportunity to obtain academic credit and pursue their sport of choice.

Academy is (coed, inclusive & available for all skill levels)
Available for players Grades 9-12.

RPM has been the popular choice of Parents, Players & Minor Hockey for over 45 years and Public Education for 22 years! That says a lot about the work we do day in and day out, season after season and year after year!



2026 HOCKEY ACADEMY INCLUDES:

- Academy Format - Semester - Sept. 2026 to Jan. 2027
- Inside the school timetable
- Students can play minor hockey & school sports
- Professional Instruction
- On Ice Development
- Sport Specific Training
- Tactical/Game Play
- Performance Testing
- Guest Speakers & Workshops
- Complimentary Soft Goods
- Special Events
- Volunteer Experience
- Personal Growth & Leadership

ACADEMY COST \$1,565

Once you have registered online at www.rpmhockey.com you must also notify the school that you would like to join their hockey academy.

Contact:

New Westminster Secondary	Brent Foster	bfoster@sd40.bc.ca
Hockey Academy	Craig Millin	craig@rpmhockey.com
Academy Administration	Holly Rogers	holly@rpmhockey.com
Academy Administration	Sam Porta	sam@rpmhockey.com



My son he has become an outstanding student as a result of mixing school with the sport he loves.

Putting my son in the Hockey Academy was the best thing I ever did for his hockey development and you can quote me. Parent - Midget Zone Player

My son went from Bantam C to Bantam AAA and he not only brings home great marks, he looks forward to going to school every day.

Building great kids in the classroom, on ice and in their community!

NWSS Hockey Academy:



Dear Grade 8 Students, Parents, & Guardians,

As you prepare for the NWSS course selection process, we wanted to reach out with some important information regarding our program.

Every second year, we run our full AUDITIONED program. Recent productions have included *Shrek* and *Mamma Mia!* We are excited to announce that our next full-scale musical will take place in the early months of 2027. The planning process will start now, however!

Students who are interested in auditioning for a spot in our cast are encouraged to join our TEAMS PAGE (accessible to SD40 students) - Code: **5om8fqq** - to obtain information about the audition process AND to sign up for an audition time. Documents will be uploaded to FILES on the Teams page with specific details – **PLEASE READ!**

Students who make the program will be notified by spring break. Those who need more practice, will be encouraged to register for Musical Theatre *Foundations* (open to grade 9s who auditioned for the full program but require further instruction).

AUDITION PROCESS AFTER SIGNING UP:

1. **Prepare a memorized monologue** with full characterization (approximately 1-minute). Bring in a hard copy of the text so teachers can follow along.
2. **Prepare a memorized song** from the genre of musical theatre and have a downloaded karaoke track on your phone; we will connect your device to our speaker.
3. **Learn the dance that will be posted** on our TEAMS page (one week prior to auditions). Students will arrive to their audition at the START of the session and will perform the dance in small groups. Then, students will take turns to come in and individually perform their song and monologue (in any order).
4. **Bring with you the completed info sheet AND a current photo** we can keep (does NOT need to be a formal headshot; a colour photocopy would be fine).

Crew Stream: For students interested in learning about the behind-the-scenes aspects of musical theatre while being involved in the creation of a large-scale production. **THESE STUDENTS SHOULD REGISTER FOR THEATRE PRODUCTION AND EMAIL MS. WALDNER WITH THEIR INTEREST ASAP.**

-There are limited spots available so an interview to secure a spot may be required.

For more information, please contact Ms. Waldner or Ms. Monteleone at lwaldner@sd40.bc.ca or fmonteleone@sd40.bc.ca.

Thank you for your consideration of auditioning for the NWSS Musical Theatre Program.

Hyack Football:



HYACKS FOOTBALL & Cheer

SPRING 2026
FOOTBALL & CHEER

AGES
5-14

APRIL TO
JUNE

REGISTRATION
OPEN NOW

HYACKS 2026

TEAM BONDING

SKILL BUILDING

UNITED SPIRIT

CONFIDENCE BUILDING



Kinsight Community Resources:

Kinsight> Everyone's welcome.
Everyone belongs. Everywhere.



New Westminster Sibling Group Jan 21, 2026

New Westminster Sibling Group Jan 21, 2026

Sibling Group gives children and youth a chance to connect with others who understand what it's like to have a sibling with extra support needs. It's a space to share stories, build friendships, and enjoy time together in a fun and supportive environment. We are pleased to offer the Sibling Group at the Kinsight office in New Westminster (ages 8-13) and at the Tri-Cities Children's Centre (ages 9-14).

Registration is required each month. Click the QR code to register



Kinsight -Sibling Group Session
625 Agnes St, 103, New Westminster, BC V3M 5Y4
[View on map](#)



Jan 21, 2026 06:30pm

Please contact Stephanie Ward Sward@Kinsight.org or Hannah Lin Hlin@Kinsight.org for more information.

New West Community Info: *Downtown's Living Room*

<https://www.newwestcity.ca/2025/09/04/downtownlivingroom.php>

What's New



Come join us: Downtown's Living Room at Anvil Centre



Anvil Centre is excited to share exciting updates to its programming schedule! Starting this fall we hope you'll join us on Monday nights for **Downtown's Living Room**.

Downtown's Living Room will run Monday nights (excluding holidays) at 5:30 PM. This is your chance to come hang out, relax, make new friends and enjoy different activities on offer—everyone is welcome to take part in this FREE event!

Each week's theme will be shared in advance on various City of New Westminster channels, including:

- The City's [calendar of events](#),
- Anvil Centre's [social media channels](#)
- Anvil Centre's [website](#)
- The City of New Westminster's [Citypage](#) e-newsletter

We are now offering the opportunity to borrow board games at Anvil Centre. To learn more about what games are available, please connect with Anvil Centre's front desk staff.

A reminder that Anvil Centre's hours of operation have also changed, and that the Centre will now be open **Monday to Thursday until 8:00 PM**.

Online Consent Forms:

SchoolCashOnline
KEV GROUP

Fast. Safe. Convenient.

Register Today!

Purchase these items and more online.

Use your computer, tablet or smartphone to register and pay online.

1. Create Your Profile

Go to our school website at queensboroughschool.ca click the "Fees and Forms" button and then the green "REGISTER AND LOGIN HERE" link or go to: <https://newwestschools.schoolcashonline.com/> and click on "Get Started Today".

2. Confirm Your Email

Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

Stay connected by selecting "Yes" to email notifications about upcoming fees.

☒ I want to receive email notifications for new fees assigned to my student and updates on school-related activities.

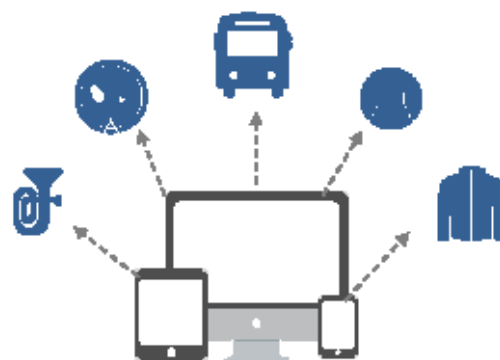
3. Add a Student

Click "Add Student" and fill in the required fields with your child's details.

Why sign up for School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees.

- ✓ Pay for your child's school fees online. Anytime, anywhere.
- ✓ Stop sending your child to school with money.
- ✓ Get automatic email notifications about upcoming school fees and activities.



Which payment methods are accepted?



Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.



eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck on School Cash Online.



myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date.

Interac Online

Pay directly from your bank account with Interac Online.



For more information, contact Parent Helpdesk at
parenthelp@schoolcashonline.com or 1.866.961.1803

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