

QMS Weekly Newsletter



June 5, 2026

QMS Tsunami

Queensborough Middle School

Important Dates

June 5	QE Sports Day
June 9	Field Trip (Div. 1-4): Ambleside Beach
June 10	QMS Band Concert in the Gym (6:30 p.m.)
June 11	QMS' Got Talent (12:45 p.m.) in the Gym
June 16	Grade 8 dinner/dance at Bonsar (5:00-9:00 p.m.)
June 17	QMS PAC Hot Lunch fundraiser (McDonald's)
June 17	QMS PAC Meeting in the Library (7:00 p.m.) NEW MEMBERS NEEDED FOR SEPTEMBER! PLEASE JOIN US!
June 18	Field Trip (Div. 5-11): Playland
June 19	Field Trip (Div. 1-4): Cultus Lake
June 19	Field Trip (Div. 12-15): Moody pool
June 22	QMS Sports Day (June 23 - backup sports day)
June 24	School Year-end assembly (12:45 p.m.) in Gym
June 25	Report cards published
June 25	Last day for students
June 25	Grade 8 School Leaving Ceremony (12:45 p.m.) in the Gym
July 6	Office closed for summer break

Principal's Message:

With June underway, classes continued to enjoy some wonderful field trips this past week. On Tuesday, our Grade 5 classes enjoyed a fun day of bowling, while on Friday, Division 14 toured the Coquitlam watershed. Meanwhile, on Wednesday, many brave Grade 8 students volunteered for the 'Soak A Grade 8' fundraiser as students and staff lined up to participate in this fun/wet event (see page 2). This week also marked the last of our exploratory classes for the school year. Finally, the week ended with our Grade 8 students organizing and leading the events for QE's Sports Day at Ryall Park.



With warmer weather setting in, students are reminded to stay hydrated and to dress appropriately for their learning, as we expect higher temperatures in the next few weeks. We also want to remind students that student expectations do not change with the warmer weather. Students are expected to follow our school's code of conduct and to continue to be respectful and responsible with their behaviours - in order to ensure a successful completion of the school year. We would appreciate if parents/guardians could have conversations with their children about continuing to make positive choices (both at school and outside of school time) for the last three weeks of the school year.

Enjoy your weekend!

John Lekakis
QMS Principal



June is Indigenous Peoples' History Month

National Indigenous History Month
#NIHM2026

June is Pride Month



Queensborough Middle School

Upcoming Events and Reminders:

Mathletes Math Club: Every Tuesday

The Mathletes Math Club will meet every Tuesday afterschool with Mr. Ha in Room



Soak A Grade 8 Fundraiser:



Fuel Up Lunch Program:

Order June lunches at:

<https://newwestschools.ca/programs-services/fuel-up/online-ordering/>



Orders and changes must be made by noon, two days in advance of delivery.

Breakfast Program: VOLUNTEERS NEEDED!

Students can enjoy a delicious and nutritious breakfast in the Foods Room every **Tuesday & Friday** morning (between 8:00-8:30 am) for only 50 cents.



If you would like to volunteer (one hour commitment) please email PAC Chair Don Doyle at qmspac2013@gmail.com

Thank you to our community volunteers for providing this wonderful program to our students!



Moving Schools Next Year?

If you are moving to a new school or out of district for September 2026, please notify the school as soon as possible to help us plan for next year.



Please contact the QMS office or email: jlekakis@sd40.bc.ca

Leaving School at Lunchtime

We have a closed campus at QMS.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.



Students may go home for lunch **only** if they have a permission form signed by their parent or guardian. This form must be completed each year and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.

QMS Learning Goal for 2025.2026

For the upcoming school year, our staff is engaging in professional learning in the areas of numeracy and literacy. For the last three years our school goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. Stay tuned for more updates on our school learning plan.



Reporting Student Absences:

Call or email Queensborough Middle School at:

604-517-6040

Email: queensborough@sd40.bc.ca

Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school anytime of the day or night.

Please cut this out and put it on your fridge!

School Routines and Expectations:

School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

QMS Values:

At Queensborough Middle School we value:

- ◆ respect for ourselves and others
- ◆ respect for learning
- ◆ respect for the environment



QMS Vision:

- ◆ Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.
- ◆ Our students are preparing to be contributing members of the global community through the development of life-long learning skills.
- ◆ Our local community is important to us and we are working together to share resources and develop appreciation of our heritage and history.

Reminders About the School Timetable:

- The first bell rings at **8:31** a.m. Students may enter the school at **8:25** a.m. (There is no supervision from staff members before or after school.)
- Nutrition Break is from **10:25** to **10:40** a.m. (Students are encouraged to bring healthy snacks **and** dress for the weather as we are outside most days.)
- Lunch is at **11:55** to **12:45** p.m. Students play outside first and come inside to eat their lunch at **12:25** p.m.
- Students are encouraged to bring a water bottle to school.
- Students are dismissed at **3:00** p.m.

Bell Schedule

8:31 a.m.	Welcoming Bell
8:36 a.m.	CHAT begins
8:40 a.m.	Morning classes begin
10:10 a.m.	Nutrition Break/recess
10.25 a.m.	Morning classes continue
11:55 a.m.	Lunch begins (outside)
12:25 p.m.	Students inside to eat
12:45 p.m.	Afternoon classes begin
3:00 p.m.	Dismissal



Youth Drop Info:

Attention all Grade 6, 7, & 8's!

Cost is \$1 or buy a Year Youth Membership for only \$21 -Monday, Wednesday, and Friday Drop-In programs offer sports, crafts, games, baking, and much more!

GRADE 5 DAY IS ON FRIDAY, June 5th, 2026!

If you are in Grade 5, Friday June 5th is your first opportunity to attend the after-school Drop-In program! Come play games, do activities, win prizes, and hang out with your friends and cool staff. Stay for dinner, served around 6pm. Drop-In costs \$1 per time or you can buy an annual pass for \$21 at the Queensborough Community Centre!

Drop-in happens every Monday and Wednesday from 3:15 -5:15pm and every Friday from 3:15-9:00pm, and will happen all summer long!

If parents have questions, please email Val at vmckinnon@newwestcity.ca



For more info on the Drop-In program, visit: www.newwestyouth.ca or email Val at: vmckinnon@newwestcity.ca

School Routines and Expectations:

QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

The purpose of the QMS Code of Conduct and Code of Consequences:

- ◆ To establish and maintain a safe, caring and orderly environment for purposeful learning
- ◆ To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ◆ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

Acceptable Behaviour for QMS Students:

- ◆ Showing Respect, Compassion and Integrity
- ◆ Respecting self, others, the learning environment and the surrounding environment
- ◆ Helping to make the school a safe, caring and orderly place
- ◆ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- ◆ Engaging in purposeful learning activities in a timely manner
- ◆ Acting in a manner that brings credit to QMS
- ◆ The use of personal digital devices at school is to be restricted for educational purposes, to promote online safety and focused learning environments.



Unacceptable Conduct for QMS Students:

- ◆ Behaviours that:
 - Interfere with the learning of others
 - Interfere with an orderly environment
 - Create unsafe conditions
- ◆ Acts of:
 - Bullying, harassment or intimidation
 - Physical violence
 - Retribution against a person who has reported incidents
 - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ◆ Illegal acts, such as:
 - Possession, use or distribution of illegal or restricted substances
 - Possession or use of weapons
 - Theft of or damage to property

RESPECT & RESPONSIBILITY

The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather than merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

Safety First:

Safety to and from School:

Parents and Guardians:

Please take care when dropping off and picking up your children from school:

- ⇒ Drive slowly in the vicinity of the school and park
- ⇒ Watch for pedestrians
- ⇒ Don't stop in or block the crosswalks
- ⇒ Please park in legal, designated areas



Students:

Be Aware of Your Surroundings:

Pay attention when walking to and from school. Watch out for moving vehicles at driveways, back lanes and parking lots. If you are listening to music, remove an ear piece before crossing the street or walking in less populated areas.

Team Up:

It is safer and more fun to walk to school with family or friends. If something unusual happens on your way to or from school, report the incident immediately to an adult you know and trust.

Check the school website for our "Best Routes to School" brochure for maps and safety tips for walking and cycling to school, and the following link for Back to School Safety Tips:

<https://www.tranbc.ca/2015/09/01/prepare-to-be-schooled-bc-is-back-to-school/>

Personal electronic devices:

If students have an electronic device that they want to use for personal reasons on the way to and from school, they must lock it in their locker as soon as they arrive at school.



At times, teachers may permit students to bring devices into the classroom for educational purposes; otherwise they should be secured in their lockers. Emergency phone calls can be made at the office during the day.

Please note that any personal items brought to school are at the student's own risk - the school is not responsible for lost, stolen or damaged items.

In keeping with the new BC Ministry of Education's Ministerial Order M89 (and AP 104 District Code of Conduct), **"The use of personal digital devices at school is to be restricted for educational purposes, to promote online safety and focused learning environments."**

Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For your child's safety, please ensure that they are wearing an approved helmet. Thank you for helping to keep our children safe.

Scooters & skateboards can be stored in the blue cage located by near the counselling office.



Visitors:

Please report to the office when visiting the school:

Please sign in at the office when entering the school. We need to be aware of all visitors to the school and identifying yourself with one our "visitor" badges is helpful to staff who may not know you.

Student Planners:

The planner is a powerful organizational tool for students and an important means of communication between parents and teachers.

Students are expected to write homework assignments in their planners each day, and we ask that parents sign the planner each evening.

The cost of the planner is \$10 and can be purchased through School Cash Online.





Queensborough Middle School

QMS PAC Grade 8 Fundraiser:



Thank you to our PAC for setting up a Grade 8 fundraiser account at the Queensborough Landing Return-it Depot. Families can take in their cans/bottles (at the counter) and donate proceeds to Account #1160, or provide our school phone number (604-517-6040).

Previous attachment



CAN ♻️ BOTTLE Fundraising



**HELP SUPPORT THE GRADE 8
QMS GRAD CLASS OF 2026!**



**QUEENSBOROUGH
MIDDLE SCHOOL**

You can easily donate your empty, returnable containers to support our QMS Grade Class of 2026!



**NO SORTING
NECESSARY!**



**STEP 1: Inform the cashier that
your donation is for**

Account #1160



OR

PROVIDE: QMS School TEL:

604-517-6040



Queensborough Landing
Unit A - 409 Boyne Street
New Westminster, BC V3M 5K2

THANK YOU FOR YOUR SUPPORT!





HUB Bicycle Program Survey: Parent Feedback

Please help us improve the Bike Bus program for next year!

This year your school took part in the [HUB Cycling Bike Bus Program](#).

We need answers from **all families** - **even if your child did not ride the Bike Bus**. Your feedback helps us keep this program completely free.

Please click our quick survey link or use the QR code below:

https://docs.google.com/forms/d/e/1FAIpQLSdMShmTxS7xloc-hn-N_RC-G-BQXrl2vIBhcJmfp_WbhTsb5A/viewform?usp=header



CLICK ON LINK BELOW:

https://docs.google.com/forms/d/e/1FAIpQLSdMShmTxS7xloc-hn-N_RC-G-BQXrl2vIBhcJmfp_WbhTsb5A/viewform

- **Did your child ride with us?** Tell us what they liked!
- **Did your child NOT ride with us?** Tell us how we can help you join next year!

The deadline to complete the [End of Season Survey](#) is June 25. We only need one reply per household.

Please note: All information provided is strictly confidential and used solely for program evaluation and funding applications. While we might use some quotes to highlight our impact, everyone will remain completely anonymous.

Thank you for your time and support!

Mónica Perea

Bike Education | HUB Cycling

leave a voicemail: 604-558-2002

312 Main St., Vancouver, BC V6A 2T2

AI Parent Information Session: June 11 (6:30 p.m.)








Event Details

Event Title	Junk, Toxic & Healthy AI: Helping Families Understand the Difference
Date & Time	Thursday, June 11, 2026 at 6:30 PM PT
Format	Free virtual event (Vimeo Livestream) - registration required
Who It's For	Parents, caregivers, students, educators and anyone interested in learning more about AI
Register	sd36.ca/ai-event
More Info/Where to Watch	surreyschools.ca/ai-event

Social Media Post copy for district partners




Please see suggested copy for your social channels below. Choose the post that best fits your audience and timing. Attached to this email are graphic images you can also use with the copy below.

Facebook, Instagram & LinkedIn

Post 1	<p>AI is everywhere in today's world - on your devices, in your home and quietly running in the background of your daily life - but many families are still left wondering: is it safe? What is it doing to our children's brains? How do we talk about it?</p> <p>Our friends at Surrey Schools are hosting a free virtual event on June 11 to help answer those questions and talk about safe adoption, security, privacy and ethical use.</p> <p>Dr. Shimi Kang - psychiatrist and author of <i>The Tech Solution</i> will provide an in-depth, science-based conversation built for parents and families.</p> <p> Junk, Toxic & Healthy AI: Helping Families Understand the Difference: June 11 • 6:30 PM PT • Free • Virtual • Open to everyone</p> <p> Register at: sd36.ca/ai-event</p>
Post 2	<p> What is AI actually doing to our kids' brains?</p> <p>Our friends at Surrey Schools are hosting a free virtual event on June 11 to help answer this question and talk about safe adoption, security, privacy and ethical use.</p> <p>Dr. Shimi Kang - Harvard-trained psychiatrist and author of <i>The Tech Solution</i> - is joining Surrey Schools Superintendent Mark Pearmain for a free virtual conversation on June 11 to answer the questions parents are really asking.</p> <p>Come with your questions. Leave with answers you can use at home.</p> <p> Junk, Toxic & Healthy AI: Helping Families Understand the Difference: June 11 • 6:30 PM PT • Free • Virtual • Open to everyone</p> <p> Register at: sd36.ca/ai-event</p>

AI Parent Information Session...

Bluesky

Post 1	<p>Our colleagues over at Surrey Schools are hosting a free virtual event on to help families navigate AI and discuss safe adoption, security, privacy and ethical use.</p> <p>Supt. Mark Pearmain sits down with psychiatrist Dr. Shimi Kang for an honest conversation built for parents, educators, and communities.</p> <p> Junk, Toxic & Healthy AI • June 11 • 6:30 PM PT</p> <p> Register: sd36.ca/ai-event</p>
Post 2	<p>What is AI actually doing to kids' developing brains?</p> <p>Dr. Shimi Kang and Surrey Schools Superintendent Mark Pearmain are tackling that question live on June 11 - free and open to everyone.</p> <p>Our friends at Surrey Schools are hosting a free virtual event to talk about safe adoption, security, privacy and ethical use.</p> <p>Come with questions. Leave with answers.</p> <p> Register at: sd36.ca/ai-event</p>

More about our Speakers



Superintendent Mark Pearmain: Mark grounds the conversation in what's actually happening in Surrey classrooms, the policies, the tools in use, and the realities students are living every day. A champion for responsible AI governance, Mark asks the questions parents are actually asking and makes clear that in a district of 80,000+ students, getting this right isn't optional.

Dr. Shimi Kang: Dr. Kang translates brain science into practical guidance by explaining what AI and screen technology actually do to the developing mind, and what families can do about it. Drawing on decades of clinical experience with K-12 students across Canada, she gives parents concrete strategies to set boundaries, build healthier tech habits and protect their children's mental health at home.

Questions? Contact Surrey Schools Communications:
comm-office@surreyschools.ca

Community News:

NEW TO NEW WEST INTERCULTURAL FESTIVAL AND INFORMATION FAIR PRESENTS

Meet with Resume Experts

A unique opportunity for newcomers to get one-on-one guidance from experts- all in one place!

-  **Learn the latest resume trends**
-  **Understand the do's and don'ts**
-  **Get one to one help to refine your resume and stand out to potential employers**

New Westminster Secondary School
 820 Sixth Street, New Westminister, BC
 Saturday June 20, 2026
 11:30 am -1:30 pm

Bring your resume and two job postings




And the participation of



Community News: CYMH Brochure

FOR YOUR FIRST VISIT

No appointments are required for first-time visitors – simply walk-in during the hours listed on this pamphlet. Please note that there may be a short wait for your interview as the intake clinic is for drop-ins only. Priority may also be given to individuals who are in urgent need.

Parents/caregivers are encouraged to only bring the child/youth who is seeking services with them to the intake clinic, as child-minding is not provided on-site.

Older children and youth are encouraged to attend the intake clinic with their families. Youth do have the option of attending the clinic on their own as a private self-referral.

INTAKE LOCATION & CLINIC SCHEDULE

New Address
Effective May 7th, 2026
#201-237 East Columbia Street
New Westminster, BC V3L 3W4
Phone: 604-660-9495 (press 1)

Tuesdays 9:00am – 12:30pm

Please call if you have any questions or are in urgent need of service.

In case of an emergency after hours, please visit your local hospital or call 9-1-1.

For children, youth and families who are seeking specialized services, such as:

North Fraser Eating Disorder Program
Phone: 604-469-7600



**Child and Youth
Mental Health Intake
Clinic for Families in
New Westminster, BC**

Provided by the
Ministry of Children
and Family Development

Community News: CYMH Brochure...

WHO WE ARE

Our publicly-funded Child and Youth Mental Health teams provide a range of assessment and treatment options for children, youth (0-18 years) and their families.

Our programs are designed to support children and youth who are experiencing significant difficulties related to their thoughts, feelings, and behaviours.

WHAT WE DO

OUR SERVICES INCLUDE:

- ✓ *Intake and referral*
- ✓ *Consultations*
- ✓ *Various assessments*
- ✓ *Individual treatment*
- ✓ *Group treatment*
- ✓ *Parenting programs*
- ✓ *Education events*
- ✓ *Community planning*

CONCERNS MOST COMMONLY ADDRESSED BY OUR CENTRES:

- ✓ *Feelings of anxiety*
- ✓ *Low or cycling moods*
- ✓ *Experiences of trauma*
- ✓ *Behaviour difficulties*
- ✓ *Suicidal thinking*

HOW IT WORKS

Children, youth, and families can begin a referral by attending the CYMH intake clinic for a screening interview. This initial meeting will typically be 45-90 minutes in length.

Upon completion of this interview, a CYMH clinician will provide you with information and details on the next steps in the process.

In the New Westminster area, the intake clinic is provided each week.

NO appointment is necessary.

Please refer to the back pages of this pamphlet for details.



Community News: FIFA Watch Party (June 18)

Fired Up for Football - Watch Parties

Ryall Park
City of New Westminster

April 10, 2026

The City of New Westminster is hosting a series of events under the **Fired Up for Football campaign**. Ignite your soccer spirit by watching Team Canada compete against the world's best teams.

The viewing event **Canada vs. Qatar** in Ryall Park is on **Thursday, June 18** from **2pm – 5.30pm** with the actual match starting at **3pm**.

The viewing area is located on the field in front of Queensborough Middle School with activities and food located in the Ryall Park area.

As we are trying to anticipate capacity and the need for any additional programming/viewing areas, please let us know if you are planning to attend with your class.

To sign up your class, please email creilich@newwestcity.ca by **May 1st**. Please include

- Estimated number of children and adult chaperones
- Age group of children
- Your School

We are excited to share in the excitement of the world's biggest tournament in our community with you.

Contact Us: Special Event Coordinator Carina Reilich, creilich@newwestcity.ca

More info about the Fired Up for Football events: <https://www.newwestcity.ca/fired-up>



511 Royal Avenue
New Westminster BC
V3L 1H9

604 521 3711
info@newwestcity.ca
newwestcity.ca



Online Consent Forms:

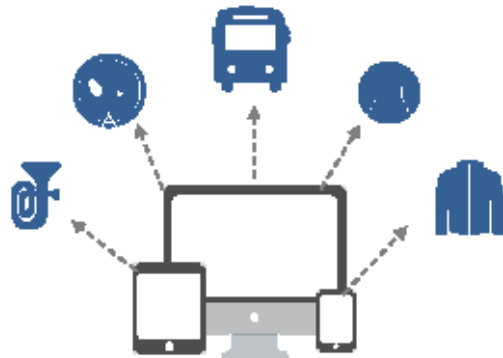
SchoolCashOnline
KEV GROUP

Fast. Safe. Convenient.

Register Today!

Purchase these items and more online.

Use your computer, tablet or smartphone to register and pay online.



1. Create Your Profile

Go to our school website at queensboroughschool.ca click the "Fees and Forms" button and then the green "REGISTER AND LOGIN HERE" link or go to: <https://newwestschools.schoolcashonline.com/> and click on "Get Started Today".

2. Confirm Your Email

Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

Stay connected by selecting "Yes" to email notifications about upcoming fees.

- I want to receive email notifications for new fees assigned to my student and updates on school-related activities.

3. Add a Student

Click "Add Student" and fill in the required fields with your child's details.

Why sign up for School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees.

- ✓ Pay for your child's school fees online. Anytime, anywhere.
- ✓ Stop sending your child to school with money.
- ✓ Get automatic email notifications about upcoming school fees and activities.

Which payment methods are accepted?



Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.



eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck on School Cash Online.



myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date.

Interac Online

Pay directly from your bank account with Interac Online.



For more information, contact Parent Helpdesk at parenthelp@schoolcashonline.com or 1.866.961.1803

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