

Skwo:wech Stream



May 2, 2025

Important Dates

Non-Instructional Day – Friday, May 16

- School closed for students

Victoria Day – Monday, May 19

- School closed

Mini-Meet - Thursday, May 22

- Our in-school track meet for those Gr 3, 4, 5 students joining track

Skwo:wech PAC Meeting – Thursday, May 22

- Virtual meeting at 7pm

District Gr 5 Track Meet – Thursday, May 29

- Mercer Track in the morning

Updates

Meal Train

- If you are interested in helping out with a meal train for a family who recently lost a parent, please email Joana at joana.henrey@gmail.com

FuelUp! School Lunch Program

- **May menu** is now open for families to order
- Orders must be submitted at least 2 business days in advance. Info: <https://newwestschools.ca/programs-services/fuel-up/overview/>
- If you require help with ordering, subsidies, or feedback, please email Fuelup@sd40.bc.ca

Library Open Mondays for Families 3:00 – 3:30

- An open invitation to all families to come hang out, read, craft or play board games with Ms. Su, Ms. Sigur, Ms. Ryan, Ms. Hayashi, & Ms. Vahra (Librarian, ELL, & Resource)

Community School Programs at Skwo:wech!

The Power of Drawing (Grades 1 - 5)

Young Rembrandts teaches drawing, the fundamental skill of all visual arts to children. Your child will develop drawing and art skills, expand their creativity, imagination and confidence.

ADST Room

Mondays, 3:00 - 4:15pm

Date: May 5 - Jun 16 (6 sessions)

No class on May 19

Registration Fee: \$100.50

To register,

<https://www.youngrembrandts.com/metrovancouver>

Sports of all Sorts (Grades 1 - 2)

Sing, dance, and act, and expand your fundamental musical theatre skills. Includes basic singing, dancing, acting, and games. Increase your artistic skills, and end in a collaborative mini performance.

Gym

Tuesdays, 3:

Date: Apr 22 - May 27 (6 sessions)

Registration Fee: \$67.50

To register, please visit: [Skwo:wech Sports of All Sorts \(Grades 1 - 2\)](#)

Have questions?

Contact Community Schools

Phone: 604-517-6291 E-mail:
communityschools@sd40.bc.ca

Professor Puffin (Grades 1-4)

Professor Puffin's Challenge Club is an afterschool enrichment program that offers a fun, educational and engaging experience for children. The program uses a variety of activities to review subjects covered in the BC school curriculum (Science, art, nature, English, etc.) while mixing in entertaining topics to spark children's interest.

Library

Thursdays, 3:00 - 4:15pm

Dates: May 8 - Jun 12

Registration Fee: \$100.50

To register, please visit: <https://professorpuffin.ca/>

New Westminister Soccer Club (Grades 3 - 5)

NWSC's weekly training sessions follow a progressive curriculum with the primary focus being on having fun through a games-based approach.

Gym

Mondays, 3:00 - 4:00pm

Date: May 5 - Jun 16

No class May 19

Registration Fee: \$40

To register, please visit: <https://newwestsc.ca/>

Registration Code: SWSPR25 - must use code to register

For questions, contact Nel Grond at clubregistrar.nwsc@gmail.com

SKWO:WECH BIKE BUS

JOIN THE WEEKLY BIKE BUS – STARTING IN APRIL!

We're excited to kick off a weekly Bike Bus for students every Friday, starting in April and running until the end of the school year! The Bike Bus is a fun and active way to get to school, promoting exercise, community, and safe riding habits. 🚲

HOW IT WORKS

A group of students and families will ride together along a planned route to school. We encourage parents and guardians to join in the fun by biking, scooting, or walking alongside their children. This is not a drop-off service; your active participation is essential for the safety and enjoyment of everyone involved. You can join at any point along the route that's convenient for you. Your child can ride on the road or the sidewalk.

We can't wait to see you on two (or more) wheels! Let's make Fridays a day to celebrate movement, fresh air, and community spirit.

- 📍 Start Location: temesewtx^w Aquatic and Community Centre (by the sculpture)
- 🕒 Departure Time: 8:20am on Fridays (arrive by 8:15am so we can leave on time)
- 🕒 Arrival at Skwo:wech: 8:30am (lots of time to lock up bikes and line up before bell)
- 📍 Route Map: <https://ridewithgps.com/routes/49952538>

**FOR QUESTIONS
OR TO GET
INVOLVED:**

[WWW.TINYURL.COM/
SKWOWECHBIKEBUS](http://WWW.TINYURL.COM/SKWOWECHBIKEBUS)



SEE YOU ON THE BIKE BUS! 🚲 BROUGHT YOU TO BY THE SKWO:WECH PAC

Skwo:wech Stream



May 9, 2025

Important Dates

Non-Instructional Day – Friday, May 16

- School closed for students

Victoria Day – Monday, May 19

- School closed

Mini-Meet - Thursday, May 22

- Our in-school track meet for those Gr 3, 4, 5 students on track

PAC Meeting – Thursday, May 22

- Virtual meeting at 7pm

PAC Fun Lunch Greek food from Opa! – Friday, May 23

- Order by end of May 14th www.munchalunch.com/schools/skwowech
- Volunteers needed - please email if interested skwowechvolunteer@gmail.com

District Gr 5 Track Meet – Thursday, May 29

- Mercer Track in the morning

Family Reading and Parent Appreciation – Friday, May 30

- 8:50am – 9:30am
- Refreshments and goodies for Parent Appreciation

Updates

Thank you to all our Skwo:wech families for raising \$1700.00 for the Terry Fox Foundation.

- Very much appreciated!

FuelUp! School Lunch Program

- **May menu** is now open for families to order
- Orders must be submitted at least 2 business days in advance. Info:
<https://newwestschools.ca/programs-services/fuel-up/overview/>
- If you require help with ordering, subsidies, or feedback, please email
Fuelup@sd40.bc.ca

Library Open Mondays for Families 3:00 – 3:30

- An open invitation to all families to come hang out, read, craft or play board games with Ms. Su, Ms. Sigur, Ms. Ryan, Ms. Hayashi, & Ms. Vahra (Librarian, ELL, & Resource)



Parent Appreciation Day

*Join us for coffee, a sweet treat and a
song. May 30th during Family
Reading*



Thank you for all the hard work you do every
day behind the scenes.



FUN LUNCH MAY 23

**CHICKEN OR
FALAFEL SKEWER
PITA & TZATZIKI
RICE
JUICE
TREATS**



**ORDER
BY
MAY 14**

<https://munchalunch.com/schools/skwowech>
Or scan the QR code! Orders close May 14.



CONNAUGHT HEIGHTS PAC PRESENTS

CONNAUGHT HEIGHTS ELEMENTARY

**FREE
ENTRY**

Summer Jam!

**FRIDAY
JUNE 6,
2025**

**5PM TO
8PM**

**LIVE MUSIC BY
THE RAIN CITY 6
FOOD TRUCKS
RAFFLE PRIZES
FAMILY FUN
AND MORE!**

**2201 LONDON STREET
NEW WESTMINSTER**

SMALL SCHOOL BIG PARTY

SKWO:WECH BIKE BUS

JOIN THE WEEKLY BIKE BUS – STARTING IN APRIL!

We're excited to kick off a weekly Bike Bus for students every Friday, starting in April and running until the end of the school year! The Bike Bus is a fun and active way to get to school, promoting exercise, community, and safe riding habits. 🚲

HOW IT WORKS

A group of students and families will ride together along a planned route to school. We encourage parents and guardians to join in the fun by biking, scooting, or walking alongside their children. This is not a drop-off service; your active participation is essential for the safety and enjoyment of everyone involved. You can join at any point along the route that's convenient for you. Your child can ride on the road or the sidewalk.

We can't wait to see you on two (or more) wheels! Let's make Fridays a day to celebrate movement, fresh air, and community spirit.

- 📍 Start Location: temesewtx^w Aquatic and Community Centre (by the sculpture)
- 🕒 Departure Time: 8:20am on Fridays (arrive by 8:15am so we can leave on time)
- 🕒 Arrival at Skwo:wech: 8:30am (lots of time to lock up bikes and line up before bell)
- 📍 Route Map: <https://ridewithgps.com/routes/49952538>

**FOR QUESTIONS
OR TO GET
INVOLVED:**

[WWW.TINYURL.COM/
SKWOWECHBIKEBUS](http://WWW.TINYURL.COM/SKWOWECHBIKEBUS)



SEE YOU ON THE BIKE BUS! 🚲 BROUGHT YOU TO BY THE SKWO:WECH PAC

Skwo:wech Stream



May 16, 2025

Important Dates

Victoria Day – Monday, May 19

- School closed

Mini-Meet - Thursday, May 22

- Our in-school track meet for those Gr 3, 4, 5 students on track team

PAC Meeting – Thursday, May 22

- Virtual meeting at 7pm

PAC Fun Lunch Greek food from Opa! – Friday, May 23

- Volunteers needed - please email if interested skwowechvolunteer@gmail.com

District Gr 5 Track Meet – Thursday, May 29

- Mercer Stadium track in the morning

Family Reading and Parent Appreciation – Friday, May 30

- 8:50 – 9:25 am
- Coffee and goodies for parents/guardians

Updates

FuelUp! School Lunch Program

- **June** menu is now open for families to order
- Orders must be submitted at least 2 business days in advance. Info: <https://newwestschools.ca/programs-services/fuel-up/overview/>
- If you require help with ordering, subsidies, or feedback, please email Fuelup@sd40.bc.ca

Library Open Mondays for Families 3:00 – 3:30

- An open invitation to all families to come hang out, read, craft or play board games with Ms. Su, Ms. Sigur, Ms. Ryan, Ms. Hayashi, & Ms. Vahra (Librarian, ELL, & Resource)



Parent Appreciation Day

*Join us for coffee, a sweet treat and a
song. May 30th during Family
Reading*



Thank you for all the hard work you do every
day behind the scenes.

CONNAUGHT HEIGHTS PAC PRESENTS

CONNAUGHT HEIGHTS ELEMENTARY

**FREE
ENTRY**

Summer Jam!

**FRIDAY
JUNE 6,
2025**

**5PM TO
8PM**

**LIVE MUSIC BY
THE RAIN CITY 6
FOOD TRUCKS
RAFFLE PRIZES
FAMILY FUN
AND MORE!**

**2201 LONDON STREET
NEW WESTMINSTER**

SMALL SCHOOL BIG PARTY

SKWO:WECH BIKE BUS

JOIN THE WEEKLY BIKE BUS – STARTING IN APRIL!

We're excited to kick off a weekly Bike Bus for students every Friday, starting in April and running until the end of the school year! The Bike Bus is a fun and active way to get to school, promoting exercise, community, and safe riding habits. 🚲

HOW IT WORKS

A group of students and families will ride together along a planned route to school. We encourage parents and guardians to join in the fun by biking, scooting, or walking alongside their children. This is not a drop-off service; your active participation is essential for the safety and enjoyment of everyone involved. You can join at any point along the route that's convenient for you. Your child can ride on the road or the sidewalk.

We can't wait to see you on two (or more) wheels! Let's make Fridays a day to celebrate movement, fresh air, and community spirit.

- 📍 Start Location: temesewtx^w Aquatic and Community Centre (by the sculpture)
- 🕒 Departure Time: 8:20am on Fridays (arrive by 8:15am so we can leave on time)
- 🕒 Arrival at Skwo:wech: 8:30am (lots of time to lock up bikes and line up before bell)
- 📍 Route Map: <https://ridewithgps.com/routes/49952538>

**FOR QUESTIONS
OR TO GET
INVOLVED:**

[WWW.TINYURL.COM/
SKWOWECHBIKEBUS](http://WWW.TINYURL.COM/SKWOWECHBIKEBUS)



SEE YOU ON THE BIKE BUS! 🚲 BROUGHT YOU TO BY THE SKWO:WECH PAC

Skwo:wech Stream



May 23, 2025

Important Dates

District Gr 5 Track Meet – Thursday, May 29

- Mercer Stadium track in the morning

Family Reading and Parent Appreciation – Friday, May 30

- 8:50 – 9:25 am
- Coffee and goodies for parents/guardians and a special song from our students
- We have an **abundance** of lost and found items which will be on display close to the library. Please come check it out.

Grade 5 Leaving Celebration – Thursday, June 19

- 1:15pm in the gym
- More information to follow regarding further details and ticketing

Fun Day – Tuesday, June 24

- Games in the morning and performers in the afternoon

Last Day of school – Thursday, June 26

- Dismissal at 2:00 pm

Updates

FuelUp! School Lunch Program

- **June menu** is now open for families to order
- Orders must be submitted at least 2 business days in advance. Info: <https://newwestschools.ca/programs-services/fuel-up/overview/>
- If you require help with ordering, subsidies, or feedback, please email Fuelup@sd40.bc.ca

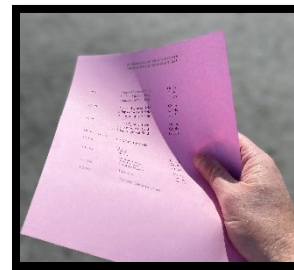
Library Open Mondays for Families 3:00 – 3:30

- An open invitation to all families to come hang out, read, craft or play board games with Ms. Su, Ms. Sigur, Ms. Ryan, Ms. Hayashi, & Ms. Vahra (Librarian, ELL, & Resource)

Moving to a new school next year

- If anyone is already aware that their child will not be returning to Skwo:wech Elementary in September 2025 due to moving or other reasons, please let the office know as soon as possible at skwowech@sd40.bc.ca

A **big thank** you to our wonderful coaches: Mr. Wong, Mrs. Gibson, Mrs. Sharp, Ms. Hikida, Ms. Stephanie, Mrs. Stewart, Mr. Stevens and Mr. Nicholl for organizing the Mini Meet! As well thank you to the PAC for handing out freezies! Celebrating their hard work with a sweet treat!





Parent Appreciation Day

*Join us for coffee, a sweet treat and a
song. May 30th during Family
Reading*



Thank you for all the hard work you do every
day behind the scenes.

REGISTRATION IS NOW OPEN!

HYACKS FALL 2025



AGES
5+



WEBSITE: RCHFC.HYACKFOOTBALL.COM

 @RCHFC

BE A PART OF THE
FAMILY NOW!

UNITED RUGBY CLUB

FREE TRY RUGBY EVENT



JUNE 8TH, 2025 **10:00AM - 11:00AM**
MAPLE CREEK MIDDLE SCHOOL **PORT COQUITLAM**



Ages 5 to 11 can come out and try rugby with United Rugby Club coaches and players. Snacks and refreshments will be provided for all participants at the end of the session. Bring your friends and join in the fun!

New season starting September 2025.
Practices are every Wednesday at
Maple Creek Middle School from 6:00pm - 7:00pm.
Games are every Sunday from 10:00am- 11:30am

Fees include Fall/Spring seasons (Sept.-Dec., Feb.-June)
\$160.00 for Flag Rugby (U6 to U10, 4 years old and up)
\$170.00 for Intro to Tackle (U12)



UNITEDRUGBY.CA

email minis@unitedrugby.ca for more details



@unitedrhc



@unitedrugbyclub

CONNAUGHT HEIGHTS PAC PRESENTS

CONNAUGHT HEIGHTS ELEMENTARY

**FREE
ENTRY**

Summer Jam!

**FRIDAY
JUNE 6,
2025**

**5PM TO
8PM**

**LIVE MUSIC BY
THE RAIN CITY 6
FOOD TRUCKS
RAFFLE PRIZES
FAMILY FUN
AND MORE!**

**2201 LONDON STREET
NEW WESTMINSTER**

SMALL SCHOOL BIG PARTY

SKWO:WECH BIKE BUS

JOIN THE WEEKLY BIKE BUS – STARTING IN APRIL!

We're excited to kick off a weekly Bike Bus for students every Friday, starting in April and running until the end of the school year! The Bike Bus is a fun and active way to get to school, promoting exercise, community, and safe riding habits. 🚲

HOW IT WORKS

A group of students and families will ride together along a planned route to school. We encourage parents and guardians to join in the fun by biking, scooting, or walking alongside their children. This is not a drop-off service; your active participation is essential for the safety and enjoyment of everyone involved. You can join at any point along the route that's convenient for you. Your child can ride on the road or the sidewalk.

We can't wait to see you on two (or more) wheels! Let's make Fridays a day to celebrate movement, fresh air, and community spirit.

- 📍 Start Location: temesewtx^w Aquatic and Community Centre (by the sculpture)
- 🕒 Departure Time: 8:20am on Fridays (arrive by 8:15am so we can leave on time)
- 🕒 Arrival at Skwo:wech: 8:30am (lots of time to lock up bikes and line up before bell)
- 📍 Route Map: <https://ridewithgps.com/routes/49952538>

**FOR QUESTIONS
OR TO GET
INVOLVED:**

[WWW.TINYURL.COM/
SKWOWECHBIKEBUS](http://WWW.TINYURL.COM/SKWOWECHBIKEBUS)



SEE YOU ON THE BIKE BUS! 🚲 BROUGHT YOU TO BY THE SKWO:WECH PAC

Skwo:wech Stream



May 30, 2025

Important Dates

Grade 5 Leaving Celebration – Thursday, June 19

- 1:15pm in the gym
- More information to follow regarding further details and ticketing

Fun Day – Tuesday, June 24

- Games in the morning and performers in the afternoon

Last Day of school – Thursday, June 26

- Dismissal at 2:00 pm

Updates

FuelUp! School Lunch Program

- **June menu** is now open for families to order
- Orders must be submitted at least 2 business days in advance. Info: <https://newwestschools.ca/programs-services/fuel-up/overview/>
- If you require help with ordering, subsidies, or feedback, please email Fuelup@sd40.bc.ca

Library Open Mondays for Families 3:00 – 3:30

- An open invitation to all families to come hang out, read, craft or play board games with Ms. Su, Ms. Sigur, Ms. Ryan, Ms. Hayashi, & Ms. Vahra (Librarian, ELL, & Resource)

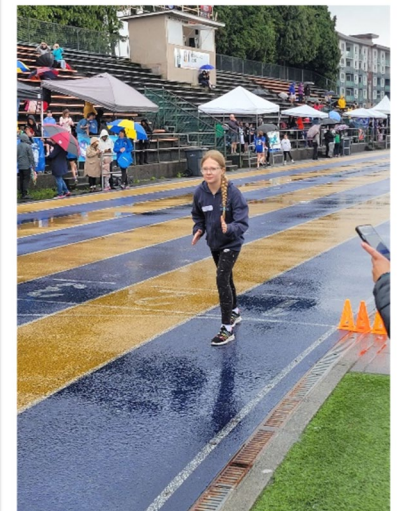
Moving to a new school next year

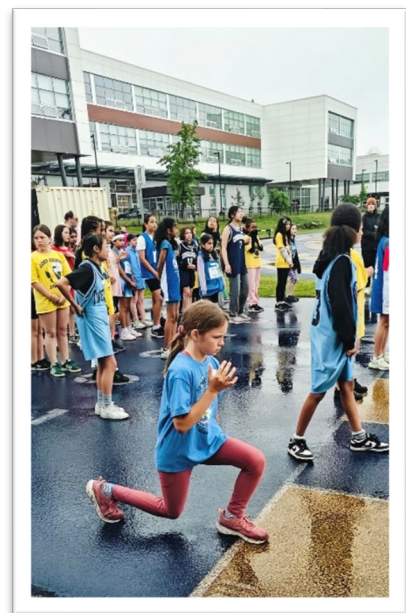
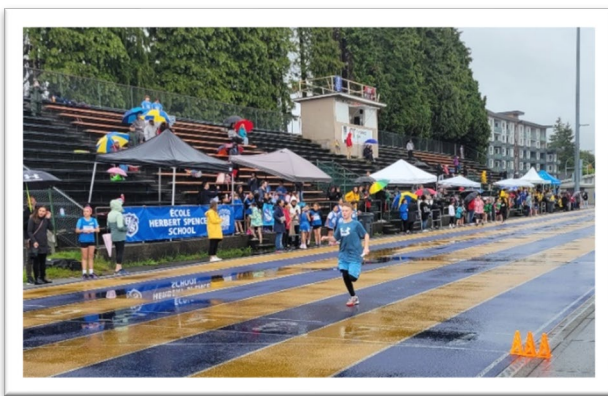
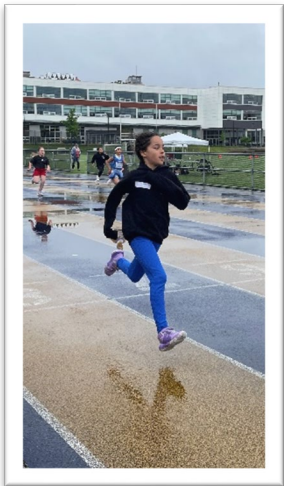
- If anyone is already aware that their child will not be returning to Skwo:wech Elementary in September 2025 due to moving or other reasons, please let the office know as soon as possible at skwowech@sd40.bc.ca

Family Reading and Parent Appreciation Thank you Skwo:wech families!



Grade 5 District Track Meet





LORD TWEEDSMUIR SPRING CARNIVAL

Friday, June 6th 5pm-8pm



FREE Entry into Carnival Grounds!

Wristbands for Games, Activities + Bouncy Fun

Early Bird \$15 each

At the door \$20 each

Bouncy Castles
Food Trucks
Face Painting
Games

DJ
Community Market
Entertainment
Crafts

Prizes
Cotton Candy
Photobooth
& more!

Buy Your Wristbands Here!



Pre-Purchased Online Wristbands can be picked up at Tweeds Outdoor Will Call Table on May 29th, May 30th, or June 6th 2:30pm-3:30pm or at Will Call at Carnival.

Featuring



Thank you to our Sponsors



@lord_tweedsmuir_elementary_pac

REGISTRATION IS NOW OPEN!

HYACKS FALL 2025



AGES
5+



WEBSITE: RCHFC.HYACKFOOTBALL.COM

 @RCHFC

BE A PART OF THE
FAMILY NOW!

UNITED RUGBY CLUB

FREE TRY RUGBY EVENT



JUNE 8TH, 2025 **10:00AM - 11:00AM**
MAPLE CREEK MIDDLE SCHOOL **PORT COQUITLAM**



Ages 5 to 11 can come out and try rugby with United Rugby Club coaches and players. Snacks and refreshments will be provided for all participants at the end of the session. Bring your friends and join in the fun!

New season starting September 2025.
Practices are every Wednesday at
Maple Creek Middle School from 6:00pm - 7:00pm.
Games are every Sunday from 10:00am- 11:30am

Fees include Fall/Spring seasons (Sept.-Dec., Feb.-June)
\$160.00 for Flag Rugby (U6 to U10, 4 years old and up)
\$170.00 for Intro to Tackle (U12)



UNITEDRUGBY.CA

email minis@unitedrugby.ca for more details



@unitedrhc



@unitedrugbyclub

CONNAUGHT HEIGHTS PAC PRESENTS

CONNAUGHT HEIGHTS ELEMENTARY

**FREE
ENTRY**

Summer Jam!

**FRIDAY
JUNE 6,
2025**

**5PM TO
8PM**

**LIVE MUSIC BY
THE RAIN CITY 6
FOOD TRUCKS
RAFFLE PRIZES
FAMILY FUN
AND MORE!**

**2201 LONDON STREET
NEW WESTMINSTER**

SMALL SCHOOL BIG PARTY

SKWO:WECH BIKE BUS

JOIN THE WEEKLY BIKE BUS – STARTING IN APRIL!

We're excited to kick off a weekly Bike Bus for students every Friday, starting in April and running until the end of the school year! The Bike Bus is a fun and active way to get to school, promoting exercise, community, and safe riding habits. 🚲

HOW IT WORKS

A group of students and families will ride together along a planned route to school. We encourage parents and guardians to join in the fun by biking, scooting, or walking alongside their children. This is not a drop-off service; your active participation is essential for the safety and enjoyment of everyone involved. You can join at any point along the route that's convenient for you. Your child can ride on the road or the sidewalk.

We can't wait to see you on two (or more) wheels! Let's make Fridays a day to celebrate movement, fresh air, and community spirit.

- 📍 Start Location: temesewtx^w Aquatic and Community Centre (by the sculpture)
- 🕒 Departure Time: 8:20am on Fridays (arrive by 8:15am so we can leave on time)
- 🕒 Arrival at Skwo:wech: 8:30am (lots of time to lock up bikes and line up before bell)
- 📍 Route Map: <https://ridewithgps.com/routes/49952538>

**FOR QUESTIONS
OR TO GET
INVOLVED:**

[WWW.TINYURL.COM/
SKWOWECHBIKEBUS](http://WWW.TINYURL.COM/SKWOWECHBIKEBUS)



SEE YOU ON THE BIKE BUS! 🚲 BROUGHT YOU TO BY THE SKWO:WECH PAC