

# ***Skwo:wech Stream***

**December 19, 2025**

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## ***Important Dates:***

**Winter Break – December 22 to January 2, 2026**

- School closed

**First Day Back from Winter Break – Monday, Jan 5**

- School is open

**Collaboration Day – Tuesday, Jan 27**

- Early dismissal at 12:05 pm

## ***Updates:***

### **FuelUp! School Lunch Program**

- **January menu is now available**

- Orders must be submitted by 10 am at least two (2) business days in advance

<https://newwestschools.ca/programs-services/fuel-up/overview/>

### **List of Resources for Families in New Westminster**

Organizations that offer various support, including emergency food hampers, hot meals, and culturally sensitive health care.

### **New Westminster Food Resource Calendar**

- **What it is:** A comprehensive monthly calendar showing where and when to find free meals and low-cost groceries.
- **Link:** [Download December 2025 Calendar](#)

### **Purpose Society (New West)**

- **Service:** Emergency food hampers (available in person).
- **Requirements:** Family must provide **proof of address** and **ID** that matches that address.
- **Holiday Hours:** Closed Dec 24, Dec 25, and Jan 6. Otherwise open half-days.
- **Contact:** 604-526-2522 | [Website](#)

## Don't Go Hungry

- **Service:** Weekly food hamper program.
- **Frequency:** Can be accessed once per week.
- **Locations:** [View Pick-up Locations](#)

## Gurdwara Sahib (Sukh Sagar)

- **Service:** Offers free vegetarian meals (Langar) throughout the day with no barriers to access.
- **Note:** Food is traditional and can be spicy, but the facility is very welcoming and feeds families three times a day.
- **Website:** [sukhsagar.ca/food-services](http://sukhsagar.ca/food-services)

## Health & Financial Support

### Umbrella Multicultural Health Co-Op

- **Service:** Phenomenal medical support for those needing culturally sensitive care or assistance in their native language.
- **Website:** [umbrellacoop.ca](http://umbrellacoop.ca)

## Ministry of Social Development and Poverty Reduction

- **Address:** 202-1015 Columbia Street
- **Contact:** 1-866-866-0800
- **Hours:** Mon–Fri: 9 am – 12 pm & 1 pm – 4 pm
- **Service:** Income assistance, disability assistance, and employment referrals for those currently underemployed or unable to work.

## Additional Information

For a broader list of community programs, including the "Survival Guide" for New Westminster, please visit the [City's Community and Social Services page](#).

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### **Community School Programs at Skwo:wech!**

#### **The Power of Drawing (Grades 1 – 5)**

Young Rembrandts teaches drawing, the fundamental skill of all visual arts to children. Your child will develop drawing and art skills, expand their creativity, imagination and confidence.

#### **ADST Room**

**Mondays, 3:00 – 4:15pm**

**Date:** Jan 26 – Mar 9    \*No class Feb 16\*

**Registration Fee:** \$103.50

**To register, please visit:** [www.youngrembrandts.com/metrovancouver/](http://www.youngrembrandts.com/metrovancouver/)

### **Professor Puffin (Grades 1-4)**

Professor Puffin's Challenge Club is an afterschool enrichment program that offers a fun, educational and engaging experience for children. The program uses a variety of activities to review subjects covered in the BC school curriculum (Science, art, nature, English, etc.) while mixing in entertaining topics to spark children's interest.

### **Library**

**Wednesdays, 3:00 – 4:15pm Dates:** Feb 4 – Mar 11 **Registration**

**Fee:** \$103.50

**To register, please visit:** <https://professorpuffin.ca/>

### **Sports of all Sorts (Grades 1 – 3)**

Grab your friends for an afternoon of fun playing sports...of all sorts! Sports being played include soccer, basketball, fun relays and more. Each week you will learn new skills and play games.

### **Gym**

**Tuesdays, 3:00 – 4:15pm      Date:** Feb 3 – Mar 10 \*No class Feb 17\*

**Registration Fee:** \$49

**To register, please visit:** [Skwo:wech Sports of all Sorts](#)

## **Theatre Club (Gr. 5)**

Students will learn basic skills of musical theatre performance and will demonstrate their skills through song and dance to a medley of songs from the very popular hit soundtrack of Wicked!

**New Westminster Secondary School Theatre - Families are responsible for their own transportation Fridays, 4:15 - 5:30pm**

**Dates:** Jan 30 - Mar 6      **Registration Fee:** Free

There are limited spaces available for this program across the district. To submit an application for the random draw, please follow this link: [\*\*Theatre Club \(Winter 2026\) – Fill out form\*\*](#)

Submissions will be accepted until Monday, January 19th.

**Have questions?**

**Contact Community Schools**

**Phone: 604-517-6291 E-mail: [communityschools@sd40.bc.ca](mailto:communityschools@sd40.bc.ca)**

# Talent Show 2025





