

# *Skwo:wech Stream*



**March 6, 2026**

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## ***Important Dates:***

### **Spring Musical – Wednesday, Mar 11 & Thursday, Mar 12**

- 1:15 pm start (Last name **A** to **La** – March 11, Last name **Le** to **Z** – March 12)
- Tickets will be sent home with students on Monday, Mar 9

### **Report cards sent home – Friday, Mar 12**

- Paper copies sent home with students

### **Spring Break – Monday, Mar 16 to Friday, Mar 27**

- School closed

### **First day back from Spring Break – Monday, Mar 30**

- School is open

### **Good Friday & Easter Monday – Friday, Apr 3 & Monday, Apr 6**

- School closed

## **Updates:**

### **Student Extended Leave of Absence (Exceeding one week)**

- Families planning to be away during the school year for an extended period **exceeding one week**, between October 1 and June 30, must complete and submit an [Extended Leave of Absence Form AP330-B](#) to the school office ([skwowech@sd40.bc.ca](mailto:skwowech@sd40.bc.ca)) prior to the start of the absences.

### **That's a wrap on the Read-A-Thon!**

- Our 2026 Read-a-thon has come to a close, and what an incredible event it was!
- Our students logged **240,732 minutes** and our community helped raise **\$22,241** for our school!
- Thank you to every reader, family, and supporter who helped us Read + Raise. We're so excited to be able to bring new books, experiences, and a sensory room to our school.
- More info about winners and grand prizes is coming soon.
- Want a tax receipt? All donations over \$30 are eligible – please forward your donation receipt with your full name and address to [skwowechpac@gmail.com](mailto:skwowechpac@gmail.com).

### **PAC Purdy's Spring Orders (Deadline March 22)**

- Our Purdy's spring chocolate campaign is now open!
- Order at [www.bitly/skwowechpurdys](http://www.bitly/skwowechpurdys) by Sunday, March 22
- Pick-up is expected for the week of March 30
- All proceeds will go to support PAC initiatives

## **The Legend of Rock, Paper, Scissors – the SHOW!**

- Our school show this year will take place in the afternoon at 1:15pm on Wednesday, March 11 and Thursday, March 12.
- A donation box will be available to contribute to the rental cost of lights/curtains
- Families will be given tickets closer to the date
  - **Last name A to La** – Wednesday, March 11
  - **Last name Le to Z** – Thursday, March 12

## **FuelUp! School Lunch Program**

- **March menu is now available**
- Orders must be submitted by 10 am at least two (2) business days in advance

<https://newwestschools.ca/programs-services/fuel-up/overview/>

THANKS



Read·A·Thon

Thank you,  
SKWO:WECH!

Thank you for reading + raising  
with us—it made a BIG impact!

An eggstra-special  
Easter with



Buy your favourite Easter chocolates  
and support our school!

Deadline to order:

**March 22**

Order pickup week of  
March 30, receive it  
before Easter!

Scan the QR Code  
to order or go to:

[bit.ly/skwowechpurdys](https://bit.ly/skwowechpurdys)



Questions? Email [skwowechpac@gmail.com](mailto:skwowechpac@gmail.com).



## **Community School Programs at Skwo:wech!**

### **The Power of Drawing (Grades 1 - 5)**

Young Rembrandts teaches drawing, the fundamental skill of all visual arts to children. Your child will develop drawing and art skills, expand their creativity, imagination and confidence.

#### **ADST Room**

**Mondays, 3:00 – 4:15pm**

**Date:** May 4 – Jun 15 \*No class May 18\*

**Registration Fee:** \$103.50

**To register, please visit:** <https://www.youngrembrandts.com/metrovancouver/>

### **Sports of all Sorts (Grades 1 – 3)**

Grab your friends for an afternoon of fun playing sports...of all sorts! Sports being played include soccer, basketball, fun relays and more. Each week you will learn new skills and play games.

#### **Gym**

**Tuesdays, 3:00 - 4:15pm**

**Date:** Apr 21 - May 26

**Registration Fee:** \$58.80

**To register, please visit:** [Skwo:wech Sports of all sorts](#)

### **Professor Puffin's Challenge Club (Grades 1-4)**

Professor Puffin's Challenge Club is an afterschool enrichment program that offers a fun, educational and engaging experience for children. The program uses a variety of activities to review subjects covered in the BC school curriculum (Science, art, nature, English, etc.) while mixing in entertaining topics to spark children's interest.

#### **Library**

**Wednesdays**, 3:00 - 4:15pm

**Dates:** May 6 - Jun 10

**Registration Fee:** \$103.50

**To register, please visit:** <https://professorpuffin.ca/>

### **ROOTS Soccer (Grades 3 - 5)**

Roots Soccer School provides fun, inclusive, and developmentally appropriate soccer sessions focused on fundamental movement skills, technical ball mastery, and confidence-building in a positive learning environment.

#### **Gym**

**Thursdays**, 3:00 - 4:00pm

**Date:** May 14 - Jun 18

**Registration Fee:** \$60

**To register, please visit:** <https://rootsoccerschool.ca/>

For questions, please contact: [niko@rootsoccerschool.ca](mailto:niko@rootsoccerschool.ca)

**Have questions?**

**Contact Community Schools**

**Phone:** 604 517 6291    **E-mail:** [communityschools@sd40.bc.ca](mailto:communityschools@sd40.bc.ca)

## BEYOND BEHAVIOUR

Kind Minds for Parents and Caregivers of  
Sensitive, Anxious and Neurodivergent Children

### Workshop Description

Supporting some children can feel confusing, exhausting, or simply harder than expected. You may be seeing big reactions, shutdown, anxiety, resistance, or overwhelm at home, at school, or both. You might be early in the journey and looking for guidance, or you may have tried many approaches and still feel unsure what helps. This 1-hour workshop offers a compassionate, nervous-system-informed understanding of what may be happening beneath the behaviour and what actually helps when a child is overwhelmed. Learn practical ways to support sensitive, anxious and neurodivergent (ASD, ADHD, PDA) children at home and in learning environments.

### Your Workshop Host

Leah Hawley is a neurodiversity-affirming coach, founder of Art of Coaching Neurodiversity, and parent of two neurodivergent teens. She is part of the Kelty Kind Mind team. Leah supports parents and neurodivergent adults navigating anxiety, burnout, school challenges, and complex needs with practical, nervous-system-informed strategies for real-life situations, especially when traditional approaches have not worked.



Scan to register!



**kind mind**  
www.thekeltvfoundation.org



# March 2026 programs



**Drop-in Family Playtime** | Monday-Friday 9:30-11:30 AM @ Quayside | 112-960 Quayside Drive, New Westminster  
*\*Note: we are closed on Friday, March 20 & Friday, March 27 for a Spring Clean up!*



Monday, March 9 chat with Michelle from Kinsight about your child's development;  
Monday, March 23 discuss childcare resources with YMCA CCRR.



**Our Birthday Party** | Tuesday, March 24 @ Quayside | 112-960 Quayside Drive, New Westminster  
This is our monthly birthday celebration, during our drop-in program, where we sing, share cupcakes, and celebrate everyone who had birthdays this month.



**Eat, Play, Love** | Tuesday, March 31 11:30 AM -12:30 PM @ Quayside | 112-960 Quayside Drive, New Westminster  
This is our joyful community potluck - bring a favourite dish to share if you can and let's celebrate together over good food and connection.

**Baby Talk Drop-in** | Mondays 1:00 - 2:00 PM @ Quayside | 112-960 Quayside Drive, New Westminster  
This is for new parents and caregivers with babies from birth to not-yet-walking to connect and learn tips, skills and resources from our Family Support Worker and expert guests. Drop in each week for a different topic and a chance to ask questions and discuss your concerns and experiences.

**Infant Massage Drop-in with Kinsight** | Saturday March 7, & Saturday March 14 10:30 AM - 12:00 PM  
@ Quayside | 112-960 Quayside Drive, New Westminster  
This is a free weekly Infant Massage Drop-In for babies from birth to not-yet-walking. Learn gentle massage techniques that support your baby's development and well-being in a calm, welcoming space. Questions? Email Victoria at [vsmith@kinsight.org](mailto:vsmith@kinsight.org)

**Tigrinya Storytime Drop-in** | March 12, 1:30 - 2:30 PM  
@ New West Public Library Auditorium | 716 6th street, New Westminster  
This is space for stories, songs, and rhymes in the Tigrinya language led by Aida and Fernanda. Expect playful early language activities and a relaxed space to connect with other Ethiopian and Eritrean families and learn about library resources.

**Storytime & Play Lab Drop-in** | March 5,9,19,26 12:30 - 2:00 PM  
@ New West Public Library Auditorium | 716 6<sup>th</sup> Street, New Westminster  
Join your Family Place friends for a free 90-minute early literacy drop-in for caregivers & children age 0-6, offered in partnership with the New Westminster Public Library. This is a free and welcoming space for families to enjoy stories, songs, and play while supporting early language development, community connection, and a love of books.



Thursday, March 19 discuss childcare resources with YMCA CCRR;  
Thursday, March 26 Fraser Health Dental Hygienist is onsite to discuss your child's oral health.



**Thrive Together Playgroup** | Thursdays 12:30 - 2:30 PM @ Quayside | 112-960 Quayside Drive, New Westminster  
This free registered playgroup is designed for caregivers & children who may benefit from extra support. In partnership with specialists from Kinsight's Supported Child Development (SCD) and Infant Development Program (IDP).  
**Register:** [www.bit.ly/4muB7Lm](http://www.bit.ly/4muB7Lm)



**Spanish Parents Support Circle** | Fridays 12:00-2:00 PM @ Quayside | 112-960 Quayside Drive, New Westminster  
This free registered weekly support group is for Spanish-speaking parents organized & facilitated by Parent Support Services Society of BC. **Register:** [azucena.martinez@parentsupportbc.ca](mailto:azucena.martinez@parentsupportbc.ca)



**Thrive Parents Support Meet up w/ guest Pediatric Occupational Therapist Deb Lightman**  
Thursday, March 26, 2026 6:30 - 8:30 PM @ Quayside | 112-960 Quayside Drive, New Westminster  
This free, registered monthly peer support meet-up for parents and caregivers of neurodivergent children to connect, share, and feel supported. This month we'll discuss getting back into routine after spring break - bring your questions! Light snacks and calming fidgets provided - adults only. **Register:** <https://NWFPThriveParentsMar2026.eventbrite.ca>



# March 2026 programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Drop in play @ Quayside 9:30-11:30 AM Babytalk Drop in @ Quayside 1:00-2:00 PM	3 Drop in play @ Quayside 9:30-11:30 AM	4 Drop in play @ Quayside 9:30-11:30 AM Nobody's Perfect @ Quayside 12:30-2:00 PM *registered	5 Drop in play @ Quayside 9:30-11:30 AM Thrive Playgroup @ Quayside 12:30-2:30 PM *registered Storytime & Play Lab @ NWPL 12:30-2:00 PM	6 Drop in play @ Quayside 9:30-11:30 AM Spanish Support @ Quayside 12:00-2:00 PM *registered	7 Drop in Kinsight Infant Massage @ Quayside 10:30 AM-12:00 PM
8	9 Drop in play @ Quayside 9:30-11:30 AM Babytalk Drop in @ Quayside 1:00-2:00 PM Storytime & Play Lab @ NWPL 12:30-2:00 PM	10 Drop in play @ Quayside 9:30-11:30 AM	11 Drop in play @ Quayside 9:30-11:30 AM Nobody's Perfect @ Quayside 12:30-2:00 PM *registered	12 Drop in play @ Quayside 9:30-11:30 AM Thrive Playgroup @ Quayside 12:30-2:30 PM *registered Tigrinya Storytime @ NWP Library 1:30-2:30 PM	13 Drop in play @ Quayside 9:30-11:30 AM Spanish Support @ Quayside 12:00-2:00 PM *registered	14 Drop in Kinsight Infant Massage @ Quayside 10:30 AM-12:00 PM
15	16 Drop in play @ Quayside 9:30-11:30 AM Babytalk Drop in @ Quayside 1:00-2:00 PM	17 Drop in play @ Quayside 9:30-11:30 AM	18 Drop in play @ Quayside 9:30-11:30 AM Nobody's Perfect @ Quayside 12:30-2:00 PM *registered	19 Drop in play @ Quayside 9:30-11:30 AM Thrive Playgroup @ Quayside 12:30-2:30 PM *registered Storytime & Play Lab @ NWPL 12:30-2:00 PM	20 CLOSED for Spring Cleaning Spanish Support @ Quayside 12:00-2:00 PM *registered	21
22	23 Drop in play @ Quayside 9:30-11:30 AM Babytalk Drop in @ Quayside 1:00-2:00 PM	24 Drop in play @ Quayside w/ birthday celebration 9:30-11:30 AM	25 Drop in play @ Quayside 9:30-11:30 AM Nobody's Perfect @ Quayside 12:30-2:00 PM *registered	26 Drop in play @ Quayside 9:30-11:30 AM Thrive Playgroup @ Quayside 12:30-2:30 PM *registered Storytime & Play Lab @ NWPL 12:30-2:00 PM Thrive Parents @ Quayside 6:30-8:30 PM *registered	27 CLOSED for Spring Cleaning Spanish Support @ Quayside 12:00-2:00 PM *registered	28
29	30 Drop in play @ Quayside 9:30-11:30 AM Babytalk Drop in @ Quayside 1:00-2:00 PM	31 Drop in play @ Quayside w/ Eat, Play, Love Potluck Lunch 9:30 AM-12:30 PM	April 1 Drop in play @ Quayside 9:30-11:30 AM Storytime & Play Lab @ NWPL 12:30-2:00 PM	2 Drop in play @ Quayside 9:30-11:30 AM Thrive Playgroup @ Quayside 12:30-2:30 PM *registered	3 CLOSED Easter weekend Friday April 3 - Monday, April 6	4

Family Place programming is designed for caregivers and children aged 0-6. We offer play and early learning for your little ones in a caregiver-participation setting. There is no cost to participate in our programs, and no pre-registration for drop ins.

## Parents and Guardians

### You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.

You can participate in this free service\* just by sending a text message of "Y" or "Yes" to our school's short code number:

For **CANADA-BASED** numbers: 978338

For **INTERNATIONAL-BASED** numbers: 61569  
(see next page for QR code)

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the Student Privacy Pledge™, so you can rest assured that your information is safe and will never be given or sold to anyone.



\*if your number is Canada-based.

Opt-In from  
your mobile  
now!



Just send "Y" or  
"Yes" to  
978338.

(For Canada-based numbers).

\*Terms and Conditions

Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel.

Mobile carriers are not liable for delayed or undelivered messages. See [schoolmessenger.com/txt](http://schoolmessenger.com/txt) for more info.

For **INTERNATIONAL-BASED** numbers:

Opt-In from  
your mobile  
now!



Just send "Y"  
or "Yes" to  
61569.

(For International-based numbers).

**i** Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers. If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.



**DOUGLAS COLLEGE**

## SPRING BREAK CAMPS

Active and educational programs for children & youth 6-14

Choose from writing, acting, art, computers, basketball, soccer & more!

Programs run from **March 16-27**

Use the QR code to register now!

✉ [youthcamps@douglascollege.ca](mailto:youthcamps@douglascollege.ca)



# SPRING BREAK CAMPS

AT THE FRDC

March 16-20

Rooted in the River

March 23-27

River Explorers

@thefrdc

[www.fraserriverdiscovery.org](http://www.fraserriverdiscovery.org)  
788 Quayside Drive, New Westminster, BC

**Fraser River DISCOVERY CENTRE**  
The Voice of the Fraser



For more information about our camps, check out our website:  
<https://fraserriverdiscovery.org/spring-camps/>

To register for camp, fill out our booking form:  
<https://form.jotform.com/240585185855265>