



Healthy Students = Academic Success

School Nourishment Program

Quirina Gamblen, Director Programs and Planning and
Cyndi Adams, School Nutrition Coordinator

October 2, 2018

Background: School Nourishment Program (SNP) Guidelines

Program will:

- Be a universally accessible cost-shared lunch program
- Be voluntary
- Not compete with PAC fundraisers
- Not include current breakfast programs, New Westminster Secondary School (NWSS) and alternate programs
- Create a separate plan for NWSS (no fixed timeline)

Menus will:

1. Be healthy
2. Provide choice
 - Daily menu options
 - Ordering frequency freedom

Current status

Caterer Request for Proposal (RFP)

Will be posted to B.C. Bid by Mid October

RFP reflects:

- Commitment to connect the stage for nutrition curriculum based learning
- Manageable program delivery for staff and school personnel
- High nutritional standards:
 - Guidelines for Food & Beverage Sales in B.C. Schools
 - Canada's Food Guides
 - B.C. Trans Fat Regulation
- Choice:
 - Frequency of ordering
 - Menu options
- Need for reasonably priced food

Advisory Committee

Current Team

District staff

- Quirina Gamblen, Director of Programs and Planning
- Cyndi Adams, School Nutrition Coordinator
- Iain Lancaster, District Vice Principal
- Karen Catherwood, Qayqayt Elementary School Principal
- Lisa Nasato, Queen Elizabeth Elementary School Principal
- Paul Manville, Queensborough Middle School Principal

CUPE Representative

- Michelle Sandwith

Fraser Health

- Deanna Tan Francoeur, Public Health Dietitian
- Lisa Sohi, Public Health Nurse, Healthy Schools Program

Ad Hoc Members

- Sukhdeep Jassar, Fraser Health Community Health Specialist
- Other stakeholders as required

Timeline and Delivery – Tasting Events

DPAC Meeting

- January 21, 2019 - Presentation and tasting event

School wide Tasting Events

- January 29, 2019 - Qayqayt Elementary School
- January 30, 2019 - Queen Elizabeth Elementary School
- January 31, 2019 - Queensborough Middle School

Staff of 3 Roll-out Schools

- February 6, 2019 – Collaboration Day
 - Staff will select and order their lunch selections
 - Enjoy lunch together

Timeline and Delivery: Kickoff & Phase I Rollout

Kickoff

- February 5, 2019 - Qayqayt Elementary School
- February 7, 2019 - Queen Elizabeth Elementary School
- February 8, 2019 - Queensborough Middle School

Full Rollout

- February 11, 2019 – First week of full meal service for all 3 schools

Timeline and Delivery: Phase II

September 2019

- September 24, 2019 – Fraser River Middle School
- September 24, 2019 – Lord Tweedsmuir Elementary School
- September 24, 2019 – Connaught Heights Elementary School

November 2019

- November 5, 2019 – F.W. Howay Elementary School
- November 6, 2019 – Richard McBride Elementary School
- November 7, 2019 – École Glenbrook Middle School

January 2020

- January 14, 2020 – Herbert Spencer Elementary School
- January 15, 2020 – Lord Kelvin Elementary School

Research and Evaluation Grant

Partnership: SD40, UBC, University of Saskatchewan and Fraser Health to fund the development of evaluation tools and methodology to support the long term success of the new school lunch program and to provide information to the education and health sectors

\$25,000 Social Sciences and Humanities Research Council Partnership Engage Grant Funds

Priority questions guiding our work this year:

- Developing approaches for assessing the reach and uptake of the new lunch program
- Whether it has the potential to improve access to nutritious food and reduce experiences of stigma for participants.