

# Common Sense Technology Use

Using computers, mobile devices and other technology in a responsible way.

Be a *Thinker*

Be *Respectful*

Be *Safe*

Be a Good Digital *Citizen*

Be *Accountable*



Be a **Thinker**

**What I post...** Think about whether you would want your parents, teachers, post-secondary or future employers to see what you post online.

**Not everything is true...** Do not believe everything you read on the internet.

**Keep your Information Safe...** Provide as little information as possible when online.

**Talk to a trusted adult ...** Be sure to tell a trusted adult if you come across anything inappropriate online

**STOP-BLOCK-TELL ...** Stand up to Cyberbullying. STOP (leave the website) - BLOCK (or limit communication with the cyberbully) - TELL (a trusted adult immediately).

**Treat Technology devices well...** Technology Devices in schools are for staff and students to use for a long time. Use them respectfully and with permission.



Be **Respectful**

**EVERYONE is VALUABLE**

What you say should **never** cause others to feel upset, hurt or threatened.

## Be Safe

### Your safety is Important

#### Tips to keep you SAFE:

- ✓ Personal information like your birthday, last name, where you live, phone number or the name of your school, should not be shared
- ✓ If you wonder if a comment or photo you want to post is appropriate, then it's probably not
- ✓ Do not share your passwords with anyone other than your parents
- ✓ Tell your parents or an adult you trust if anything happens online that makes you feel uncomfortable, upset or sad
- ✓ **Never** meet someone in person who you have met online without your parents' permission
- ✓ Always have maximum privacy settings on social media

## Be a good Digital Citizen

- ✓ **Not everything is HELPFUL**
  - Report things you see or receive that are inappropriate or harmful
- ✓ **Use technology Appropriately**
  - Cheating or copying information is illegal
  - Give Credit where it is due
- ✓ **Stay BALANCED**
  - Balance your time on and off devices

#### ✓ Everyone Owns Something

If you copy or post the work of others be sure to cite the author

#### ✓ There are Consequences

Remember your actions can have both *positive* and **negative** consequences.

#### ✓ There is a Footprint

Everything I post online remains online  
FOREVER

## Be Accountable

**You are responsible for actions that are against school or district expectations or that are against the law.**