

# MARCH 2024

## NEW WESTMINSTER MENU



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday 03/01
Regular					Beefaroni
2 <sup>nd</sup> Choice					Grilled Cheese Cucumbers & Dip
Vegetarian					Garden Veggie Wrap with Cheese, Lettuce & Cucumber
Halal Friendly					Grilled Cheese Cucumbers & Dip
Week 2	Monday 03/04	Tuesday 03/05	Wednesday 03/06	Thursday 03/07	Friday 03/08
Regular	Pancakes Turkey Sausage Apple Sauce Syrup	Sweet & Sour Chicken Rice Bowl with California Veggies	Chicken Burger Yogurt	Chicken Teriyaki with Whole Grain Rice & California Veggies	Spaghetti & Beef Meatballs with Tomato Sauce
2 <sup>nd</sup> Choice	Cheese Pizza Sub Apple Sauce	Chicken Nuggets, Dinner Bun, Plum Sauce Fresh Veggies and Dip	French Toast Yogurt	Mac and Cheese Cucumbers & Dip	Cheese Quesadilla, Sour Cream Fresh Veggies & Dip
Vegetarian	Pancakes Apple Sauce Syrup	Veggie Chick'n Nuggets, Dinner Bun, Plum Sauce Fresh Veggies & Dip	French Toast Yogurt	Bagel with Cream Cheese Cucumbers & Dip	Spaghetti & Veggie Meatballs with Tomato Sauce
Halal Friendly	Cheese Pizza Sub Apple Sauce	Sweet & Sour Halal Chicken Rice Bowl with California Veggies	Halal Chicken Burger Yogurt	Bagel with Cream Cheese Cucumbers & Dip	Cheese Quesadilla, Sour Cream Fresh Veggies & Dip

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Week 3	Monday 03/11	Tuesday 03/12	Wednesday 03/13	Thursday 03/14	Friday 03/15
<b>Regular</b>	Turkey Hot Dog Apple Sauce	BBQ Meatballs, Mashed Potatoes and Corn	Beef & Chicken Burrito Wrap Cucumbers & Dip Sour Cream	Chicken Fingers, Rice and Corn, Plum Sauce	
<b>2<sup>nd</sup> Choice</b>	Pancakes Apple Sauce Syrup	Grilled Cheese Fresh Veggies & Dip	Macaroni and Cheese Cucumbers & Dip	Chicken Breast Ranch Wrap with Lettuce and Cucumber	
<b>Vegetarian</b>	Pancakes Apple Sauce Syrup	Grilled Cheese Fresh Veggies & Dip	Sunshine Sandwich (Egg & Cheddar) Cucumbers & Dip	Spaghetti & Tomato Sauce	
<b>Halal Friendly</b>	Halal Chicken Hot Dog Apple Sauce	Halal BBQ Meatballs, Mashed Potatoes and Corn	Sunshine Sandwich (Egg & Cheddar) Cucumbers & Dip	Spaghetti & Tomato Sauce	