Wellness Centre (Room 1013) April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday Closed	2	Nurse Practitioner @10:30 am — 2:30 pm	4	Youth Group with Kira @11:20 am— 12:30 pm	6
7	Free Parenting Consultation — Service in English, Cantonese, and Mandarin @ 9:00 am — 1:00 pm Counselling Appointments with District Clinical Counsellor @12:30 — 3:00pm	9	Nurse Practitioner (a) 10:30 am — 2:30 pm	11	Youth Group with Kira @11:20 am- 12:30 pm	13
14	Free Parenting Consultation — Service in English, Cantonese, and Mandarin @ 9:00 am — 1:00 pm Counselling Appointments with District Clinical Counsellor @12:30 — 3:00pm	16	Nurse Practitioner (a) 10:30 am — 2:30 pm	18	Youth Group with Kira @11:20 am- 12:30 pm	Circles of Strength (a) 9:00 am - 1:00 pm
21	Free Parenting Consultation — Service in English, Cantonese, and Mandarin @ 9:00 am — 1:00 pm Counselling Appointments with District Clinical Counsellor @12:30 — 3:00pm	23	Nurse Practitioner (a) 10:30 am — 2:30 pm	25	Youth Group with Kira @11:20 am— 12:30 pm	27
28	Free Parenting Consultation — Service in English, Cantonese, and Mandarin @ 9:00 am — 1:00 pm Counselling Appointments with District Clinical Counsellor @12:30 — 3:00pm	30				