

May Newsletter *Thank you for inviting us into your inbox*

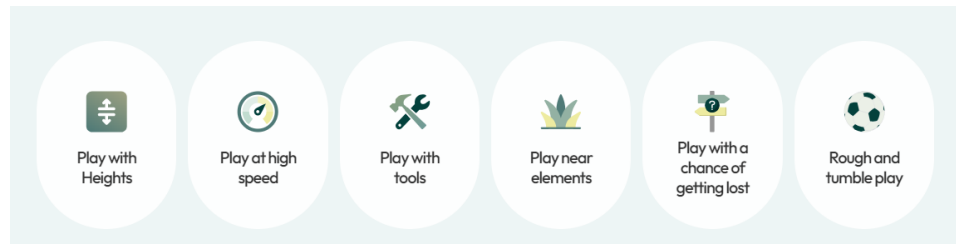
StrongStart Closures

STRONGSTART BC Early Learning Centers

May 15- CP4YC
May 20- Victoria Day
May 21- Non-Instructional Day

Weaving outdoor play into our program!

"Kids are more physically active outside than inside," says Dr. Brussoni, director of [the Human Early Learning Partnership](#), professor in the Department of Pediatrics, School of Population and Public Health and [Play Outside UBC Lab](#), and investigator with the [BC Children's Hospital Research Institute](#). "This has implications for immediate and lifelong health." When playing outdoors, children's bodies move in different ways allowing them to be active, and the outdoor is the only environment that provides encounters with heights, speed, tools and more...



To read more, please visit parent tool:
<https://www.outsideplay.org/tool-microsites/parent-tool>

Each StrongStart program will be incorporating outdoor play into their daily routines, offering opportunities for exploration, active play, and socialization. Whether it's a scavenger hunts, nature walks, or group games, we invite you to join us in enriching your child's learning. We kindly ask you to be prepared for the weather, as we will ease into learning and being outdoors.

Happening this month:

Connaught Heights StrongStart

May 2 Fraser Health dental clinic
May 13 Kinsight consultant visit
May 29 Ready Set Learn from 4 to 5 pm inside school courtyard

Queensborough StrongStart

May 8 Ready Set Learn from 4 to 5 pm at Queen Elizabeth Elementary outdoors classroom
May 14 Infant Development consultant visit
May 16 Dental Hygiene Practitioner

Skwo: wech StrongStart

May 14 Talking about play with Ana Valle Rivera
May 15 Ready Set Learn from 4 to 5 pm outdoor playarea
May 16 Librarian Visit
May 22 YMCA/CCRR consultant
May 28 Dental Hygiene Practitioner

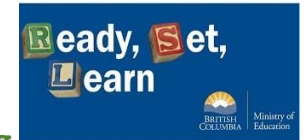


Uplifting quote + song that illuminates:

"May, more than any other month of the year, wants us to feel most alive." - Fennel Hudson



Inspiring song: "Mi Tierra/ Oye mi canto" by Emily Estefan



Announcing events by New Westminster Schools

Spring is here! Bring your little one to any of our four outdoor, drop-in sessions to play while you meet our staff and educators to find out how we can support your child's early learning and development and prepare for Kindergarten.

COME, PLAY WITH US!

Sessions run from 4 pm to 5 pm at the following schools:

April 24- Qayqayt Elementary
May 8- Queen Elizabeth Elementary
May 15- Skwo:wech Elementary
May 29- Connaught Heights Elementary

Scan QR code to register:

