

November 2024 - NEW WESTMINSTER MENU



No field trip lunch option will be available for this school year. We kindly ask that you review your current and future lunch orders and cancel orders if your student's class is participating in an off-campus field trip. If a lunch is ordered when your child is on a field trip, you will receive notification of the cancellation and credit to your account via email.

Week 1	Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	Friday 11/01
Regular					BBQ Chicken Drumstick Mashed Potatoes Corn
2nd Choice					Chicken Caesar Salad Dinner Bun
Vegetarian					Falafel Ranch Salad Dinner Bun
Halal Friendly					Halal BBQ Chicken Drumstick Mashed Potatoes Corn



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Week 2	Monday 11/04	Tuesday 11/05	Wednesday 11/06	Thursday 11/07	Friday 11/08
Regular	Cheese Tortellini with Cheese Sauce California Veggie Yogurt Tube	Turkey Deli Sandwich Cucumbers and Dip Fruit	Beef Meatball Tator Tot Poutine Corn Apple Sauce	Chicken Fried Rice Spring Roll Fruit	Smiling Shepherd's Pie Mashed Potato Fruit
2nd Choice	Chicken Fingers (3), Whole Grain Rice Corn Plum Sauce	Chicken Burger Cucumbers and Dip Fruit	Pancakes Yogurt Apple Sauce Syrup	Macaroni and Cheese Cucumbers & Dip Fruit	Bagel with Cream Cheese Cucumbers and Dip Fruit
Vegetarian	Cheese Tortellini with Cheese Sauce California Veggie Yogurt Tube	Veggie Burger Cucumbers and Dip Fruit	Pancakes Yogurt Apple Sauce Syrup	Macaroni and Cheese Cucumbers & Dip Fruit	Bagel with Cream Cheese Cucumbers and Dip Fruit
Halal Friendly	Halal Chicken Fingers (3), Whole Grain Rice Corn Plum Sauce	Halal Chicken Club Sandwich Cucumbers and Dip Fruit	Halal Beef Meatball Tator Tot Poutine Corn Apple Sauce	Halal Chicken Fried Rice Spring Roll Fruit	Bagel with Cream Cheese Cucumbers and Dip Fruit



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Week 3	Monday 11/11	Tuesday 11/12	Wednesday 11/13	Thursday 11/14	Friday 11/15
Regular	REMEMBRANCE DAY	PRO D DAY	Beef Burrito Rice Bowl Sour Cream Apple Sauce	Nacho Party Plate Fruit	Perogies PEI Mixed Vegetables Sour Cream Fruit
2nd Choice			Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Apple Sauce	Alfredo Penne Pasta Broccoli & Carrots	Mac n' Dogs Broccoli Fruit
Vegetarian			Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Apple Sauce	Alfredo Penne Pasta Broccoli & Carrots	Veggie Mac n' Dogs Broccoli Fruit
Halal Friendly			Vegetarian Burrito Rice Bowl Sour Cream Apple Sauce	Nacho Party Plate & Fruit	Halal Mac n' Dogs Broccoli Fruit



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Week 4	Monday 11/18	Tuesday 11/19	Wednesday 11/20	Thursday 11/21	Friday 11/22
Regular	Beef Meatball Tator Tot Poutine Cucumber and Dip Fruit	Teriyaki Chicken Noodle Bowl California Vegetables Fruit	Tuna Salad Sandwich Veggies and Dip Apple Sauce	Topsy Turvy Pasta Steamed Carrots Fruit	Turkey Hot Dog Cucumbers & Dip Ketchup Fruit
2nd Choice	Macaroni and Cheese Cucumbers & Dip Fruit	Egg Salad Sandwich Cucumbers and Dip Fruit	French Toast Apple Sauce Syrup	Chicken Breast Ranch Wrap with Lettuce and Cucumber Fruit	Chicken Nuggets, Dinner Bun, Plum Sauce Fresh Veggies and Dip Fruit
Vegetarian	Macaroni and Cheese Cucumbers & Dip Fruit	Egg Salad Sandwich Cucumbers and Dip Fruit	French Toast Apple Sauce Syrup	Veggie Topsy Turvy Pasta Steamed Carrots Fruit	Veggie Hot Dog Cucumbers and Dip Ketchup Fruit
Halal Friendly	Halal Beef Meatball Tator Tot Poutine Cucumber and Dip Fruit	Teriyaki Tofu Noodle Bowl California Vegetables Fruit	French Toast Apple Sauce Syrup	Halal Topsy Turvy Pasta Steamed Carrots Fruit	Halal Chicken Hot Dog Cucumbers & Dip Ketchup Fruit

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Week 5	Monday 11/25	Tuesday 11/26	Wednesday 11/27	Thursday 11/28	Friday 11/29
Regular	BBQ Beef Meatballs Mashed Potatoes Corn Fruit	Chicken Asian Salad Dinner Bun	Cheeseburger Pasta Sunrise Mixed Vegetables Fruit	Sweet and Sour Chicken Rice Bowl California Vegetables Apple Sauce	Breakfast Burrito Hashbrown Triangles Fruit
2nd Choice	Buttery Parmesan Penne Pasta Broccoli Fruit	Grilled Cheese on Texas Toast Veggies and Dip Ketchup Fruit	Chicken Fingers, Whole Grain Rice Corn Plum Sauce	Turkey and Cheese Bagel Cucumbers and Dip Apple Sauce	Spaghetti with Beef Meatballs And Tomato Sauce Fruit
Vegetarian	Buttery Parmesan Penne Pasta Broccoli Fruit	Grilled Cheese on Texas Toast Veggies and Dip Ketchup Fruit	Veggie Chick'n Fingers, Whole Grain Rice Corn Plum Sauce	Tomato and Cheese Bagel Cucumbers and Dip Apple Sauce	Breakfast Burrito Hashbrown Triangles Fruit
Halal Friendly	Halal BBQ Beef Meatballs Mashed Potatoes Corn Fruit	Grilled Cheese on Texas Toast Veggies and Dip Ketchup Fruit	Halal Chicken Fingers, Whole Grain Rice Corn Plum Sauce	Sweet and Sour Halal Chicken Rice Bowl California Vegetables Apple Sauce	Spaghetti with Halal Beef Meatballs And Tomato Sauce Fruit



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