

STRONGSTART BC Early Learning Centers

StrongStart Closures

Sept 27- Non-Instructional Day
Sept 30- National Day of Truth
and Reconciliation

Welcome to StrongStart

Connaught StrongStart

Monday to Friday from 9:00 – 11:30 am

Queensborough StrongStart

Monday to Friday from 8:45 – 11:15 am

Skwo: wech StrongStart

Monday, Tuesday, Wednesday, and Friday from 9:15 – 11:45 am
Thursday **Explore Outdoors** at Queens Park from 9: 30- 11: 30 am

Research shows that when parents actively engage in their children's education and development, it significantly boosts their chances of success. Play is essential for children's well-being and learning. Whether they're building with blocks, engaging in pretend play, or enjoying a favorite game, your involvement enriches these moments. Make it a daily habit to read together with your child—reading not only cultivates a love for books, but it also strengthens language skills and sparks imagination. Talk about the stories, ask questions, and let your child's curiosity guide the conversation.

We also encourage spending time outdoors. Whether it's taking a walk in the park, visiting a local garden, or playing in your backyard, these experiences foster a sense of wonder and help children connect with the world around them. **At StrongStart, we will be heading outdoors every day, please dress for the weather.**

Our programs, aligned with the British Columbia Early Learning Framework, are carefully structured to reduce transitions and provide long, uninterrupted periods of play. This allows children the time and space to fully develop their ideas and explore their interests. Every day, early childhood

Your feedback

informs our programming

We want to thank all of you who took time to share your thoughts and feedback with us through the survey we sent out in June. It is given our staff great feedback to build on, with some really touching reflections on the connections many of you have built.

All about our 2024- 2025 year:

- StrongStart programs are free, drop-in and on first-come first- served basis.
- Welcoming **twenty (20) children** for each session together with **one** caregiver.
- Skwo: wech's weekly **Explore Outdoors** sessions will continue every Thursday at Queen`s Park. Enter the park near first street and 5th Ave, to join us at the learning circle.
- It is our collective responsibility to protect the children that are attending our StrongStart Centres. **Please keep your child at home if ill.**
- Play is how children learn to learn. Our curriculum is built on play invitations.
- **Please dress for the weather: we play outdoors daily, rain or shine.**

Uplifting quote + song that illuminates:

"Stand aside for a while and leave room for learning, observe carefully what children do, and then, if you have understood well, perhaps teaching will be different from before." Loris Malaguzzi



Inspiring song: *Here comes the Sun* (remastered 2009) by George Harrison

educators create play invitations—ranging from art and dramatic play to block-building, science, and books—and invite children to join in stories and group activities. These opportunities support their natural curiosity and growth **We are using an open snack model.** In the program, children are immersed in play. When they are hungry, simply take their snack box and sit at the snack table. Most children invite another friend to join them. By providing opportunities for children to eat when they are hungry, we help them recognize and respond to their body's natural hunger cues. Learning to listen to their bodies is a key step in fostering a lifelong, positive relationship with food.