

May 2025

NEW WESTMINSTER MENU



Week 1				Thursday 05/01	Friday 05/02
Regular				Fish Sticks Potato Wedges Corn Fruit of the Day	Butter Chicken Rice Peas Fruit of the Day
2nd Choice				Bagel with Cream Cheese Cucumbers and Dip Fruit of the Day	Buttery Parmesan Pasta California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day
Vegetarian				Bagel with Cream Cheese Cucumbers and Dip Fruit of the Day	Butter Chickpeas Rice Peas Fruit of the Day
Halal Friendly				Bagel with Cream Cheese Cucumbers and Dip Fruit of the Day	Halal Butter Chicken Rice Peas Fruit of the Day



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Week 2	Monday 05/05	Tuesday 05/06	Wednesday 05/07	Thursday 05/08	Friday 05/09
Regular	Cheeseburger Pasta California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day	Teriyaki Chicken Noodle Bowl California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day	Beef Meatball Submarine Sandwich Fresh Veggies and Dip Fruit of the Day	Chicken Burger Potato Wedges Fruit of the Day Mayonnaise Ketchup	Beef Burrito Rice Bowl Sour Cream Fruit of the Day
2nd Choice	Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Egg Salad Sandwich Cucumbers and Dip Fruit of the Day [all-in-one container]	Grilled Cheese Sandwich Fresh Veggies and Dip Ketchup Fruit of the Day	Tuna Sushi Rice Bowl (Edamame, Onion, Sushi Rice, Carrots, Sriracha Mayonnaise) Fruit of the Day	Garlic Chicken Penne Pasta PEI Mixed Vegetables (Green Beans, Wax Beans, Baby Carrots) Fruit of the Day
Vegetarian	Veggie Cheeseburg'r Pasta California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day	Teriyaki Tofu Noodle Bowl California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day	Grilled Cheese Sandwich Fresh Veggies and Dip Ketchup Fruit of the Day	Veggie Burger Potato Wedges Fruit of the Day Mayonnaise Ketchup	Vegetarian Burrito Rice Bowl Sour Cream Fruit of the Day
Halal Friendly	Halal Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Halal Teriyaki Chicken Noodle Bowl California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit of the Day	Halal Beef Meatball Submarine Sandwich Fresh Veggies and Dip Fruit of the Day	Halal Chicken Burger Potato Wedges Fruit of the Day Mayonnaise Ketchup	Halal Garlic Chicken Penne Pasta PEI Mixed Vegetables (Green Beans, Wax Beans, Baby Carrots) Fruit of the Day



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Week 3	Monday 05/12	Tuesday 05/13	Wednesday 05/14	Thursday 05/15	Friday 05/16
Regular	Egg and Cheese Breakfast Burrito Hashbrown Triangles Fruit	Greek Chicken and Veggie Pasta Salad Fruit of the Day	French Toast Apple Sauce Syrup	Chicken Salad Sandwich Veggies and Dip Fruit of the Day	Non-Instructional Day
2nd Choice	Sweet and Sour Chicken Rice Bowl California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit	Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day	Cheesy Chicken Pasta Broccoli Apple Sauce	Turkey Hot Dog Veggies and Dip Fruit of the Day	
Vegetarian	Egg and Cheese Breakfast Burrito Hashbrown Triangles Fruit	Veggie Meatballs Mashed Potato Corn Gravy Fruit of the Day	French Toast Apple Sauce Syrup	Vegetarian Hot Dog Veggies and Dip Fruit of the Day	
Halal Friendly	Sweet and Sour Halal Chicken Rice Bowl California Mixed Vegetables (Carrots, Broccoli, Cauliflower) Fruit	Halal Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day	French Toast Apple Sauce Syrup	Halal Hot Dog Veggies and Dip Fruit of the Day	



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Week 4	Monday 05/19	Tuesday 05/20	Wednesday 05/21	Thursday 05/22	Friday 05/23
Regular	Victoria Day	Chicken Asian Salad (Coleslaw, Mandarin, Carrots, Lettuce, Orange Vinaigrette Dressing) Dinner Bun Fruit	Macaroni with Hot Dog Broccoli Fruit	Chicken Nuggets Warm Bun Veggies & Dip Plum Sauce Fruit of the Day	Spaghetti and Beef Meatballs Fruit of the Day
2nd Choice		Topsy Turvy Pasta (Tomato Sauce with Ground Beef) Fruit	Smiling Shepherd's Pie Fruit	Nacho Party Plate 3 Layered Dip (Sour Cream, Salsa, Cheddar Cheese) Veggies and Dip Fruit of the Day	Cheese Omelete (Egg) Tator Tots Fruit of the Day
Vegetarian		Veggie Topsy Turvy Pasta (Tomato Sauce with Veggie Ground) Fruit	Macaroni with Veggie Hot Dog Broccoli Fruit	Nacho Party Plate 3 Layered Dip (Sour Cream, Salsa, Cheddar Cheese) Veggies and Dip Fruit of the Day	Spaghetti and Veggie Meatballs Fruit of the Day
Halal Friendly		Halal Chicken Asian Salad (Coleslaw, Mandarin, Carrots, Lettuce, Orange Vinaigrette Dressing) Dinner Bun Fruit	Macaroni with Halal Hot Dog Broccoli Fruit	Halal Chicken Nuggets Warm Bun Veggies & Dip Plum Sauce Fruit of the Day	Spaghetti and Halal Beef Meatballs Fruit of the Day



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Week 5	Monday 05/26	Tuesday 05/27	Wednesday 05/28	Thursday 05/29	Friday 05/30
Regular	Daal (Mild Lentil Curry) Rice Cauliflower Fruit of the Day	NEW Beef Taco Salad Box (Taco Mix with Ground Beef) Fruit of the Day	Chicken Fried Rice Spring Roll Fruit	Chicken Ranch Salad Dinner Bun Fruit of the Day	NEW Rosé Penne Pasta (Tomato Sauce) Fruit of the Day
2nd Choice	Macaroni with Beef Carrots	Pancakes Yogurt Fruit of the Day Syrup	BBQ Chicken Drumstick Mashed Potatoes Corn Fruit	Sunshine Burger (Egg and Cheese on a Bun) Potato Wedges Fruit of the Day	Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day
Vegetarian	Macaroni with Veggie Ground Carrots	NEW Veggie Taco Salad Box (Veggie Taco Mix) Fruit of the Day	Veggie Fried Rice Spring Roll Fruit	Sunshine Burger (Egg and Cheese on a Bun) Potato Wedges Fruit of the Day	NEW Rosé Penne Pasta (Tomato Sauce) Fruit of the Day
Halal Friendly	Daal (Mild Lentil Curry) Rice Cauliflower Fruit of the Day	Pancakes Yogurt Fruit of the Day Syrup	Halal BBQ Chicken Drumstick Mashed Potatoes Corn Fruit	Halal Chicken Ranch Salad Dinner Bun Fruit of the Day	NEW Halal Rosé Penne Pasta (Tomato Sauce) Fruit of the Day



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