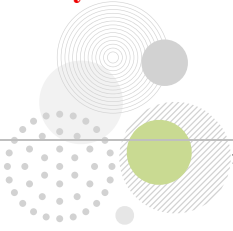

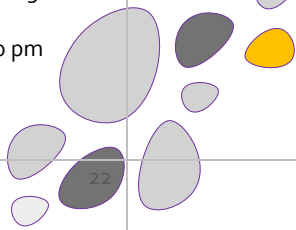
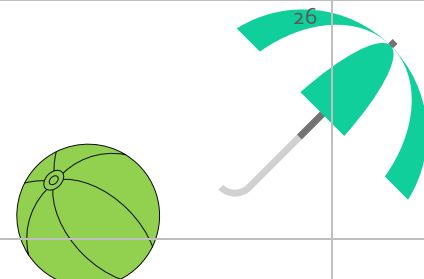
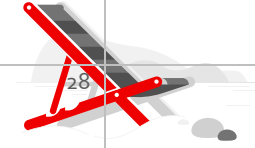



Wellness Centre (Room 1013)

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Community Integration Service @12:30 – 2:30 pm	2
3	4 BC Day – Closed 	5 Women's Support Group (Spanish) @ 10:00 am – 12:00 pm	6	7	8 Community Integration Service @12:30 – 2:30 pm	9
10	11	12 Women's Support Group (Spanish) @ 10:00 am – 12:00 pm 	13	14	15 Community Integration Service @12:30 – 2:30 pm 	16
17	18	19 Women's Support Group (Spanish) @ 10:00 am – 12:00 pm	20	21	22	23
24	25	26 	27	28 	29 	30
31						

Program Name	Description
Community Integration Service	A Community Integration Specialist will provide information on income assistance, benefits, and disability benefits. Drop-ins. No registration is required.
Multicultural Women's Support Group – ISS of BC (Spanish) <div data-bbox="627 315 785 474" data-label="Image"> </div>	Join us for connection, support and shared experiences in your own language, in your own words. This is a space for women to feel safe, seen, and included. To join this 10 session (in-person) support group, please contact Kimberly Lopez at kimberly.lopez@issbc.org .