



New Westminister Menu - May 2026

Week 1

					Friday May 1
Regular					Topsy Turvy Pasta (Pasta with Tomato Sauce and Ground Beef) Fruit of the Day
2nd Choice					BBQ Crunchy Chicken Wrap (Diced Crunchy Chicken with BBQ Sauce wrapped in Tortilla) with Potato Wedges Fruit of the Day
Vegetarian					Veggie Topsy Turvy Pasta (Pasta with Tomato Sauce and Ground Veggie Round) Fruit of the Day
Halal Friendly					Halal BBQ Crunchy Chicken Wrap (Diced Halal Crunchy Chicken with BBQ Sauce wrapped in Tortilla) with Potato Wedges Fruit of the Day

Want to join the Fuel Up Program? Please visit: <https://newwestschools.ca/programs-services/fuel-up-lunch-program>

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Need assistance? Reach out to: new.westminster@thelunchlady.ca





New Westminister Menu - May 2026

Week 2

	Monday May 4	Tuesday May 5	Wednesday May 6	Thursday May 7	Friday May 8
Regular	Spaghetti with Beef Meatballs Fruit of the Day	Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Fruit of the Day	Chicken Fried Rice Spring Roll Fruit of the Day	Beef Goulash (Beef and Macaroni in a mild-spiced tomato sauce) Fruit of the Day	BBQ Chicken Drumstick Mashed Potato Corn Fruit of the Day
2nd Choice	Farmer's Fruit and Veggie Plate Chicken Nuggets	Honey Garlic Chicken Rice Peas and Carrots Fruit of the Day	French Toast Fruit of the Day Syrup	Egg Salad Sandwich Sliced Cucumbers Fruit of the Day	Macaroni and Cheese Mixed Veggies Fruit of the Day
Vegetarian	Farmer's Fruit and Veggie Plate Hummus	Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Fruit of the Day	French Toast Fruit of the Day Syrup	Egg Salad Sandwich Sliced Cucumbers Fruit of the Day	Macaroni and Cheese Mixed Veggies Fruit of the Day
Halal Friendly	Spaghetti with Halal Beef Meatballs Fruit of the Day	Spaghetti with Halal Beef Meatballs Fruit of the Day	Halal Honey Garlic Chicken Rice Peas and Carrots Fruit of the Day	Halal Chicken Fried Rice Spring Roll Fruit of the Day	Halal BBQ Chicken Drumstick Mashed Potato Corn Fruit of the Day

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SAFETY FIRST

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New Westminister Menu - May 2026

Week 3

	Monday May 11	Tuesday May 12	Wednesday May 13	Thursday May 14	Friday May 15
Regular	Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day	Chicken Teriyaki Rice Mixed Vegetables Fruit of the Day	Chicken Nuggets Rice Peas and Carrots Fruit of the Day Plum Sauce	Beef Chili Rice Fruit of the Day	No School Day
2nd Choice	Hummus Box (Hummus, Pita, Fresh Veggies, Cheese String, & Dip) Apple Slices	Cheesy Omelete Hash Brown Triangles Side Ketchup Fruit of the Day	Rosé Penne Pasta Penne Pasta with Tomato Sauce Fruit of the Day	Chicken Burger Potato Wedges Fruit of the Day Side Ketchup Side Mayonnaise	
Vegetarian	Hummus Box (Hummus, Pita, Fresh Veggies, Cheese String, & Dip) Apple Slices	Cheesy Omelete Hash Brown Triangles Side Ketchup Fruit of the Day	Rosé Penne Pasta Penne Pasta with Tomato Sauce Fruit of the Day	Bean Chili Rice Fruit of the Day	
Halal Friendly	Halal Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day	Halal Chicken Teriyaki Rice Mixed Vegetables Fruit of the Day	Halal Chicken Nuggets Rice Peas and Carrots Fruit of the Day Plum Sauce	Halal Chicken Burger Potato Wedges Fruit of the Day Side Ketchup Side Mayonnaise	

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New Westminster Menu - May 2026

Week 4

	Monday May 18	Tuesday May 19	Wednesday May 20	Thursday May 21	Friday May 22
Regular	No School Day	Beef Meatball Submarine Sandwich Veggies and Dip Fruit of the Day	Cheesy Flatbread Veggies and Dip Fruit of the Day	Pancakes Yogurt Syrup Fruit of the Day	Fish Sticks Rice Carrot Coins Side Ketchup Fruit of the Day
2nd Choice		Tuna Sushi Bowl Fruit of the Day	Chicken Caesar Salad Dinner Bun Fruit of the Day	Sweet and Sour Chicken Chow Mein Noodles Mixed Vegetables Fruit of the Day	Sunshine Burger (Egg Patty and Cheddar Cheese on a Bun) Potato Wedges Fruit of the Day
Vegetarian		Veggie Meatball Submarine Sandwich Veggies and Dip Fruit of the Day	Cheesy Flatbread Veggies and Dip Fruit of the Day	Pancakes Yogurt Syrup Fruit of the Day	Sunshine Burger (Egg Patty and Cheddar Cheese on a Bun) Potato Wedges Fruit of the Day
Halal Friendly		Halal Beef Meatball Submarine Sandwich Veggies and Dip Fruit of the Day	Halal Chicken Ranch Salad Dinner Bun Fruit of the Day	Pancakes Yogurt Syrup Fruit of the Day	Fish Sticks Rice Carrot Coins Side Ketchup Fruit of the Day

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New Westminister Menu - May 2026

Week 5

	Monday May 25	Tuesday May 26	Wednesday May 27	Thursday May 28	Friday May 29
Regular	Cheeseburger Pasta Mixed Vegetables Fruit of the Day	Chicken Teriyaki Noodle Bowl Mixed Vegetables Fruit of the Day	Chicken Hot Dog Veggies and Dip Fruit of the Day	Breakfast Burrito (Egg, Cheddar Cheese, and Red Pepper wrapped in Tortilla) Hash Brown Triangles Fruit of the Day	Beef Taco Salad Box Fruit of the Day
2nd Choice	Hummus Box (Hummus, Pita, Fresh Veggies, Cheese String, & Dip) Apple Slices	Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Fruit of the Day	Greek Pasta Salad (Rotini pasta with Greek Dressing, Feta Cheese, Cucumber, and Tomato) Fruit of the Day	Macaroni and Cheese Mixed Veggies Fruit of the Day	Chicken Fingers Rice Corn Fruit of the Day Plum Sauce
Vegetarian	Hummus Box (Hummus, Pita, Fresh Veggies, Cheese String, & Dip) Apple Slices	Grilled Cheese on Texas Toast Fresh Veggies and Dip Ketchup Fruit of the Day	Greek Pasta Salad (Rotini pasta with Greek Dressing, Feta Cheese, Cucumber, and Tomato) Fruit of the Day	Macaroni and Cheese Mixed Veggies Fruit of the Day	Chick'n Fingers Rice Corn Fruit of the Day Plum Sauce
Halal Friendly	Halal Cheeseburger Pasta Mixed Vegetables Fruit of the Day	Halal Chicken Teriyaki Noodle Bowl Mixed Vegetables Fruit of the Day	Halal Chicken Hot Dog Veggies and Dip Fruit of the Day	Halal Breakfast Burrito (Egg, Halal Cheddar Cheese, and Red Pepper wrapped in Tortilla) Hash Brown Triangles Fruit of the Day	Halal Beef Taco Salad Box Fruit of the Day

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