



# New Westminster Menu - June 2026

## Week 1

	Monday June 1	Tuesday June 2	Wednesday June 3	Thursday June 4	Friday June 5
Regular	Mac & Cheese Peas and Carrots Fruit of the Day	Honey Garlic Chicken Drumstick Rice Corn Fruit of the Day	Beef Meatballs Mashed Potato Corn Gravy Fruit of the Day	Butter Chicken Rice Peas Fruit of the Day	Cheesy Flatbread Fruit of the Day
2nd Choice	Falafel Ranch Salad Dinner Bun Fruit of the Day	Fish Burger Tator Tots Side Ketchup Fruit of the Day	Chicken Shawarma Rice Pilaf Fruit of the Day	Cheeseburger Pasta Peas and Carrots Fruit of the Day	Perogies Peas and Carrots Side Sour Cream Fruit of the Day
Vegetarian	Mac & Cheese Peas and Carrots Fruit of the Day	Veggie Burger Tator Tots Side Ketchup Fruit of the Day	Veggie Meatballs Mashed Potato Corn Gravy Fruit of the Day	Butter Chickpeas Rice Peas Fruit of the Day	Cheesy Flatbread Fruit of the Day
Halal Friendly	Halal Mac & Cheese Peas and Carrots Fruit of the Day	Halal Honey Garlic Chicken Drumstick Rice Corn Fruit of the Day	Halal Chicken Shawarma Rice Pilaf Fruit of the Day	Butter Halal Chicken Rice Peas Fruit of the Day	Cheesy Flatbread Fruit of the Day

Want to join the Fuel Up Program? Please visit: <https://newwestschools.ca/programs-services/fuel-up-lunch-program>

Already have an account? - go to <https://order.lunchlady.ca> to place your order.

Need assistance? Reach out to: [new.westminster@thelunchlady.ca](mailto:new.westminster@thelunchlady.ca)





# New Westminster Menu – June 2026

## Week 2

	Monday June 8	Tuesday June 9	Wednesday June 10	Thursday June 11	Friday June 12
Regular	French Toast Fruit of the Day Syrup	Chicken Teriyaki Noodle Bowl Mix Vegetables Fruit of the Day	Beef Taco Salad Box (Seasoned ground beef with lettuce, cherry tomatoes, cheddar cheese, tortilla chips, salsa, and sour cream) Fruit of the Day	Mac n' Dogs (Mac & Cheese with Chicken Hotdog) Carrot Coins Fruit of the Day	Spaghetti with Beef Meatballs Fruit of the Day
2nd Choice	Buttery Parmesan Penne Pasta Mixed Vegetables Fruit of the Day	Chicken Nuggets Rice Peas and Carrots Fruit of the Day Plum Sauce	Cheesy Omelette Dinner Bun Side Ketchup Fruit of the Day	BBQ Chicken Drumstick Rice Corn Fruit of the Day	Bento Box with Hummus, Pita, Fresh Veggies, & Cheese Apple Slices
Vegetarian	French Toast Fruit of the Day Syrup	Veggie Chick'n Nuggets Rice Peas and Carrots Fruit of the Day Plum Sauce	Veggie Ground Taco Salad Box (Seasoned veggie ground round with lettuce, cherry tomatoes, cheddar cheese, tortilla chips, salsa, and sour cream) Fruit of the Day	Mac n' Veggie Dogs (Mac & Cheese with Veggie Hotdog) Carrot Coins Fruit of the Day	Spaghetti and Tomato Sauce Fruit of the Day
Halal Friendly	French Toast Fruit of the Day Syrup	Halal Chicken Teriyaki Noodle Bowl Mixed Vegetables Fruit of the Day	Halal Beef Taco Salad Box (Seasoned halal ground beef with lettuce, cherry tomatoes, cheddar cheese, tortilla chips, salsa, and sour cream) Fruit of the Day	Mac n' Dogs (Mac & Cheese with Halal Chicken Hotdog) Carrot Coins Fruit of the Day	Spaghetti with Halal Beef Meatballs Fruit of the Day

Want to join the Fuel Up Program? Please visit: <https://newwestschools.ca/programs-services/fuel-up-lunch-program>

Already have an account? - go to <https://order.lunchlady.ca> to place your order.



Need assistance? Reach out to: [new.westminster@thelunchlady.ca](mailto:new.westminster@thelunchlady.ca)



# New Westminster Menu – June 2026

## Week 3

	Monday June 15	Tuesday June 16	Wednesday June 17	Thursday June 18	Friday June 19
Regular	Grilled Cheese on Texas Toast Fresh Veggies and Dip Fruit of the Day	Pancakes Turkey Sausage Syrup Fruit of the Day	Cheese Tortellini in Tomato Sauce Fruit of the Day	Breakfast Burrito (Egg, cheese, red pepper, and onion wrapped in Tortilla) Hash Brown Triangles Fruit of the Day	Chicken Burger Potato Wedges Side Ketchup Fruit of the Day
2nd Choice	Greek Chicken Pasta Salad Fruit of the Day	Beef Chili Mashed Potato Corn Fruit of the Day	Chicken Caesar Salad Dinner Bun Fruit of the Day	Chicken Fried Rice Spring Roll Side Plum Sauce Fruit of the Day	Beef Goulash (Beef and Macaroni in a mild-spiced tomato sauce) Fruit of the Day
Vegetarian	Grilled Cheese on Texas Toast Fresh Veggies and Dip Fruit of the Day	Pancakes Scrambled Eggs Syrup Fruit of the Day	Cheese Tortellini in Tomato Sauce Fruit of the Day	Breakfast Burrito (Egg, cheese, red pepper, and onion wrapped in Tortilla) Hash Brown Triangles Fruit of the Day	Veggie Goulash (Veggie Ground Round and Macaroni in a mild-spiced tomato sauce) Fruit of the Day
Halal Friendly	Grilled Cheese on Texas Toast Fresh Veggies and Dip Fruit of the Day	Pancakes Scrambled Eggs Syrup Fruit of the Day	Halal Chicken Ranch Salad Dinner Bun Fruit of the Day	Halal Chicken Fried Rice Spring Roll Side Plum Sauce Fruit of the Day	Halal Chicken Burger Potato Wedges Side Ketchup Fruit of the Day

Want to join the Fuel Up Program? Please visit: <https://newwestschools.ca/programs-services/fuel-up-lunch-program>



TRUSTED PROVIDER



PROUDLY CANADIAN



NUT FREE ALLERGY AWARE



NUTRITION POLICY APPROVED



SAFETY FIRST

Already have an account? - go to <https://order.lunchlady.ca> to place your order.

Need assistance? Reach out to: [new.westminster@thelunchlady.ca](mailto:new.westminster@thelunchlady.ca)



# New Westminster Menu - June 2026

## Week 4

	Monday June 22	Tuesday June 23	Wednesday June 24	Thursday June 25	Friday June 26
Regular	Beef Meatball Submarine Sandwich Veggies and Dip Fruit of the Day	Fish Sticks Rice Carrot Coins Fruit of the Day	Chicken Hot Dog Potato Wedges Side Ketchup Fruit of the Day Potato Chips	Spaghetti Beef and Tomato Sauce Fruit of the Day	
2nd Choice	Cheese Tortellini in Tomato Sauce Fruit of the Day	Teriyaki Chicken Chow Mein Noodles Mixed Vegetables Fruit of the Day	Sunshine Burger Potato Wedges Fruit of the Day Potato Chips	Chicken Breast Ranch Wrap with Lettuce and Cucumber Fruit of the Day	
Vegetarian	Cheesy Pizza Submarine Sandwich Veggies and Dip Fruit of the Day	Veggie Fingers Rice Carrot Coins Fruit of the Day	Veggie Hot Dog Potato Wedges Side Ketchup Fruit of the Day Potato Chips	Spaghetti and Tomato Sauce Fruit of the Day	
Halal Friendly	Halal Beef Meatball Submarine Sandwich Veggies and Dip Fruit of the Day	Halal Teriyaki Chicken Chow Mein Noodles Mixed Vegetables Fruit of the Day	Halal Chicken Hot Dog Potato Wedges Side Ketchup Fruit of the Day Potato Chips	Spaghetti Halal Beef and Tomato Sauce Fruit of the Day	

Want to join the Fuel Up Program? Please visit: <https://newwestschools.ca/programs-services/fuel-up-lunch-program>

Already have an account? - go to <https://order.lunchlady.ca> to place your order.

Need assistance? Reach out to: [new.westminster@thelunchlady.ca](mailto:new.westminster@thelunchlady.ca)



TRUSTED PROVIDER



PROUDLY CANADIAN



NUT FREE ALLERGY AWARE



NUTRITION POLICY APPROVED



SAFETY FIRST